

Sleep Lab

For the diagnosis and treatment of people with sleep disordered breathing, such as obstructive sleep apnoea (OSA).

The sleep lab is a 3-bed unit. Each bedroom is self-contained and includes a double bed, ensuite, desk and TV.

Categories for Appointment

	Clinical description	Timeframe for Appointment
Category 2 - Routine	All referrals	4-8 weeks

Eligibility Criteria

GP referral

Exclusions

Children under 18 years

Alternative Referral Options

Private Respiratory / Sleep Physician, Beleura Private Hospital or Peninsula Sleep Centre

Clinic Information

7 nights per week

Admission to unit **8pm**, Discharge following morning by **8am**

Frankston Integrated Health Centre

Hastings Rd, Frankston Hospital

- Phone **9788 1705**
- Fax **9788 1875**

Minimum Referral Information Required

(Please note, cannot be processed if minimum information is missing)

Referral must be addressed to Sleep clinic

- must complete STOP-BANG and ESS questionnaires
- Referring practitioner name, provider number and signature.
- Date of referral
- Period for which referral is valid (if different to standard referral validity) . Patient's name, address, date of birth, Medicare number and phone number.
- Clinical details and reason for referral.
- Relevant medical history
- Medications and Allergies
- Results of all recent and relevant investigations