

Sexual and Reproductive Health Service (Women's Health Clinic)

For advice on:

- Cervical screening
- Contraceptive advice and prescription
- Assessment and insertion of Intrauterine Devices (IUD)
- Pregnancy testing / referral
- Pregnancy choices counselling
- Advice / screening and treatment for sexually transmitted infections (STIs)
- Education regarding safe sex practices
- Menopause information and management
- Breast health including self examination education
- 6 Week postnatal check
(Frankston Clinic only for Women who birthed at Peninsula Health)

Categories for Appointment

Triage/Priority	Presenting need(s)	Timeframe to response/appointment
Cat 1 (Priority 1)	Pregnancy < 9 weeks seeking termination of pregnancy	GP to contact Sexual and Reproductive Health Nurse Practitioner (0466 453 003) if requires advice regarding referral pathways.
Cat 2 (Routine)	All other categories	Will be booked to next available appointment

Eligibility Criteria

This clinic is available to all women, including:

- Female clients (secondary school age and above)
- LGBTQIA clients who were born with a cervix
- Women who do not have a regular GP that require assessment
- Self-referrals are accepted –see clinic information below

Exclusions

The Peninsula Health Sexual and Reproductive Health Clinic is unable to provide:

- Emergency treatment – please direct the patient to the Emergency Department
- Undiagnosed breast lumps
- Undiagnosed abnormal uterine bleeding
- Men's sexual health

Clinic Information

Frankston Hospital - Monday Mornings – GP and Sexual Health Nurse Practitioner Clinic

- Located in Frankston Hospital – Building D, Outpatient Area 1
- Bookings via Women's Services
Outpatient's Department– 9784 2600 (Women can also Self Refer)
Fax Number – 9788 1879 for referral letter



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- Referral forms for IUD Insertion or colposcopy service can be found at <https://www.peninsulahealth.org.au/health-professionals/gp-liaison/outpatient-services/>

Hastings Community Health Centre – Nurse Practitioner Clinic

- Located in 185 High Street, Hastings
- **Bookings via ACCESS, Phone Number – 1300 665 781** (Women can also Self Refer)
- Access referral form

<https://www.peninsulahealth.org.au/wp-content/uploads/ACCESS-referral-form.pdf>

Rosebud Community Health Centre – Sexual Health Nurse Clinic

- Located in 38 Braidwood Avenue, Capel Sound.
- **Bookings via ACCESS, Phone Number – 1300 665 781** (Women can also Self Refer)
- Access referral form

<https://www.peninsulahealth.org.au/wp-content/uploads/ACCESS-referral-form.pdf>

Alternative Referral Options

- Peninsula Health does not have an outpatient Gynaecology Clinic open to GP referral. Patients can be referred to a private Gynaecologist in the local area. See Peninsula Service Directory for Private Gynaecologists working at Peninsula Health who can facilitate gynaecology surgery at Peninsula Health or Monash Health for public gynaecology service access.
- Men under 25yrs of age can be seen at Headspace Frankston – 9769 6214
Biologically male patients over 25years age can be seen by their own GP or Melbourne Sexual Health Clinic - 1800 032 017
- Undiagnosed breast lumps can be referred to the Breast clinic
<https://www.peninsulahealth.org.au/wp-content/uploads/Breast-Clinic-March-2016.pdf>
- Patients who live out of Peninsula Health's geographical boundary should contact an appropriate health service in their area.

Other Information

Melbourne Sexual Health (Carlton) 9341 6200 or 1800 032 017

<http://www.mshc.org.au/>

Melbourne Sexual Health HIV Clinic (for HIV positive people only)

9341 6214 or 1800 032 017

Victorian Aids Council

<http://www.vac.org.au/>

Headspace Frankston (12-25 year olds)

<http://headspace.org.au/headspace-centres/frankston/> 9769 6419

Family Planning Victoria

www.fpv.org.au

The Action Centre Melbourne 9654 4766

<http://www.fpv.org.au/health-care/action-centre/>

Box Hill Clinic. 901 Whitehorse Road, Box Hill 1800 013 952

1800 My options 1800 696 784

www.1800myoptions.org.au