

REFERRAL GUIDELINES - ACCESS

Uro-gynaecology Clinic

Head of Clinic: Dr. Nisha Khot

Referrals: Referral addressed to named head of clinic is preferred for medical clinics.

*For faxed referrals, use the **ACCESS Clinic referral form and/or referral letter** See [Outpatient and Community Health \(ACCESS\) Services - Peninsula Health](#) and fax to **9784 2309***

Clinic overview:

A clinic providing assessment and treatment for female urinary incontinence and uterovaginal prolapse

Categories for Appointments

	Clinical Description	Timeframe
Emergency	<ul style="list-style-type: none"> Acute urinary retention 	Immediate via Emergency Department
Category 1 Urgent	<ul style="list-style-type: none"> Procidentia with erosion Prolapse causing urinary retention and catheterised 	30 days
Category 2 Semi-Urgent	Post incontinence/Prolapse surgery (internal referral only)	6 weeks
Category 3 Routine	<ul style="list-style-type: none"> Prolapse or urinary incontinence 	3-12 months

Eligibility Criteria

Women with uterovaginal prolapse or urinary incontinence requiring a multidisciplinary approach that may include continence advice, physiotherapy, gynaecological assessment and treatment (including pessaries or surgery), urodynamic investigations, geriatric assessment and management

Exclusions

- Women with uterovaginal prolapse who only require supportive measures, continence advice or physiotherapy (use generic ACCESS referral)
- Women who only require urodynamic investigations, e.g. those already under the care of a gynaecologist (Refer to Dr Anjali Khushu, Mornington Centre)

IMPORTANT:

The following referral information is mandatory:

Referral:

- Date of referral
- Speciality
- Referring practitioner
- Provider Number
- Referrer's signature

Patient

Demographic:

- Full name
- Date of birth
- Postal address
- Contact numbers
- Medicare Number
- Interpreter required

Clinical:

- Reason for referral
- Duration of symptoms
- Management to date
- Past medical history
- Current medications
- Allergies
- Diagnostics as per referral guidelines
- X-ray results/reports must be within the last 6 months**

Preferred:

- Addressed to named practitioner
- Duration of referral
- Email address
- Next of kin

HEAD OF CLINIC
Dr Nisha Khot

PROGRAM DIRECTOR
Christie Conti

Continence Clinical Nurse
Consultant

ENQUIRIES

Phone: 1300 665 781

Fax: 9784 2309

Reviewed: February 2023

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Uro-gynaecology Clinic

- Haematuria – require an MSU and referral to urology to exclude bladder pathology
- Faecal incontinence
- Rectal prolapse
- Suspected malignancy
- Genital fistula
- Pelvic pain

Alternative referral options

- RDNS or Generic ACCESS referral Clinic

Minimum Clinical Information Required

Please note, referral cannot be processed if minimum information is missing)

Referral must be addressed to a named practitioner Dr Nisha Khot

- Date of referral
- Referring practitioner name, provider number and signature.
- Patient's name, address, date of birth, Medicare number and phone number.
- Clinical details and reason for referral
- Relevant medical history Peninsula Health - GP liaison Unit 2018
- Medications
- Allergies
- Treatments already attempted

Results of all recent and relevant investigations including MSU and any recent pelvic imaging

Clinic information

Wednesday morning 8:30 – 12:30

The Mornington Centre: Corner Tyalla Grove & Separation Street, Mornington
Rosebud
Referral to ACCESS. Tel: 1300 665781, Fax: 9784 2309

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