

## Recommended Follow up for Melanoma by Stage

Melanoma Clinical Stage	Initial Staging	Follow up - Clinical	Follow up - Imaging
<b>Stage 0</b> (HMF/LM/MIS)	<b>No routine staging</b>	*Annual skin examination with GP or Dermatologist	n/a
<b>Stage IA</b> (T1a <0.8mm no ulcer)	<b>No routine staging</b>	*Annual ^ clinical examination with GP or Dermatologist	n/a
<b>Stage IB/IIA</b> T1b (<0.8mm ulcerated) T1b (0.8-1mm ) T2a (1-2mm without ulcer) T2b (1-2mm ulcerated) T3a (2-4mm without ulcer)	<b>No routine staging</b>	6 monthly clinical examination for 2 years then 12 monthly with GP or dermatologist or shared care model	n/a
*Some may benefit from a full skin examination more frequently depending on their baseline risk of subsequent primary melanoma and burden of keratinocyte cancers.			
^Clinical examination should include examination of the whole skin surface, palpation of lymph node basins and inspection / palpation of scars			
<b>High Risk Follow up beyond this point</b>			
<b>Stage IIB</b> T3b (2-4mm ulcerated) T4a (>4mm without ulcer)	Not routine	6 monthly clinical examination for 2 years, then 12 monthly with GP or dermatologist or shared care model	CT, PET, MR Brain Scans guided by clinical concern or symptoms or in setting of clinical trials
<b>Stage IIC</b> T4b(>4mm ulcerated)	Baseline scan either prior to surgery or at 3 months post-op	3 monthly clinical examination for 2 years, then 6 monthly for 2 years, then annual <i>Shared care with oncologist and/or GP or dermatologist</i>	CT, PET, MR Brain 6 monthly for 2 years, then annual for 3 years
<b>Stage IIIA</b> T1a-T2a and SLNBx +ve	Baseline PET + MRIB scan 6-12 wks post-op	3 monthly clinical examination for 2 years, then 6 monthly for 2 years, then annual <i>Shared care with oncologist and/or GP or dermatologist</i>	CT, PET, MR Brain 6 monthly for 2 years, then annual for 3 years Consider interval 6 monthly US of nodal basin for 2 years

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<b>Stage IIIB/C</b> T2b-t4b and SLNBx +ve <b>Stage IIIB/IIIC/ IIID</b> Any T and N1b or above (clinically detected nodal disease)	Baseline PET and MRI-B post-op	3 monthly clinical examination for 2 years, then 6 monthly for 2 years, then annual <i>Shared care with oncologist and GP or dermatologist</i>	CT, PET, MR Brain 6 monthly for 2 years, then annual for 3 years

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