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– one brother’s gift of life and how you can help save lives

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People who once thought they couldn’t donate their organs are now saving the lives of other Australians.

In the past “marginal” organs donated by elderly people, drug users, heavy drinkers and smokers were not considered suitable for transplantation. State Medical Director of Donatelife Victoria Helen Opdam said that: “Many people in life-threatening situations were being given the option of these organs because advancing transplant medicine meant they could save lives and often serve their new owners just as well as those coming from young, healthy donors.”

On average, two Australians die each week while waiting for lifesaving organ or tissue transplants. According to the Australian Organ and Tissue Authority, on average, more than 85 per cent of Australians who need vital organs or tissues don’t receive them. In 2011 alone, only 107 Victorians donated their organs. Despite 96 per cent of Australians supporting organ and tissue transplants, only 56 per cent of cases receive consent to proceed with the donation process. Australians are encouraged to discuss their wishes with their family so that they can ensure that when the time comes their wishes are carried out.

In Australia, organs including the heart, lungs, liver, kidneys and pancreas can be donated. What is often not known is that in addition to organs, tissues from areas including the heart, eyes, bone, musculoskeletal system and skin can also be donated.

Already this year Frankston Hospital has had two organ donors and is an active member of the National Organ Donation Program. Transplant teams from major Melbourne hospitals perform the retrieval surgery and members of the Frankston Surgical team have assisted in the procedures. “Peninsula Health is committed to the promotion of organ and tissue donation through our community based awareness raising initiatives,” said Jodi Vuat, Senior Nurse for Organ & Tissue Donation.

The ongoing efforts of our generous donors and volunteers continue to benefit patients and clients at every site across the Peninsula. Contributions from Woolworths, Mount Erin Secondary College and The Blue Ribbon Foundation are all featured in this issue. It is a good read! I hope you enjoy it.

Dr Sherene Devanesen
Chief Executive
Making the decision for your loved one

Imagine if one of your loved ones was in a fatal accident, raced to hospital, immediately put on life support and within an hour declared dead.

Whilst this is happening and you’re struggling with grief you are approached by medical staff who try to pose the delicate question of organ donation. Emotions are high, everything is unclear and you feel like you’ve entered into a heavy fog. What would you do? Would you know the wishes of your loved one and are you prepared to make that decision for them?

This is the situation Sonja Brennan faced after her 18 year old son Mitchell was killed in a tragic car accident two years ago.

“Organ donation was something we’d never really discussed as a family before Mitchell died,” said Sonja.

It was up to Sonja and her three daughters to make the decision for Mitchell. Even though she thought she knew what her son would want, the shock of the entire situation still had a hold of her.

“When you’re in that situation you’re so much shock and you’re barely registering what is being asked of you. You end up reading the body language of those around you to understand what is being said,” said Sonja.

“It was definitely something we had to discuss as a family, and I think it’s important that the decision was made together.”

Ultimately, Sonja and her daughters, decided to donate Mitchell’s organs.

“As a mum it was a terrible position to be in, but I wouldn’t want any other mother to have to go through what I went through,” said Sonja.

“I knew that it was something Mitchell would want, it was in his nature. He was the type of boy who helped every one and would go out of his way to make someone’s life better for them.

“At the end of the day, if you can help someone why not do it. Mitchell’s organs went on to help five other people who otherwise wouldn’t have had that chance,” said Sonja.

Organ donation is a tough discussion for anybody to have to face after the death of a loved one. Whether it was from sudden illness or a fatal accident, organ donation is usually the last thing on a grieving family’s mind.

Discussing your wishes with your family and loved ones is a very important part of registering to be an organ donor. By letting them know and making them aware of your decision, they will be prepared if ever faced with the question of your wishes.

If you would like to become an organ donor or would like information on discussing your choice with your family visit www.donatelife.gov.au or call 03 8317 7400.

A heart for Jenni

When 43 year old mother of two and former kindergarten teacher Jenni Ball first got sick she never thought she would end up being the recipient of a heart transplant.

Jenni first found out that something wasn’t right when she experienced a cardiac arrest in her sleep in 2002. It was after this terrifying event that doctors at Frankston Hospital discovered that Jenni had idiopathic cardiomyopathy, a heart condition which would result in her experiencing heart failure for the next seven years.

“Finding out that my heart was failing was one of the worst moments of my life,” said Jenni.

“We have two kids who are going to be impacted by this decision,” said Sonja.

“With two kids and a family it’s one of the worst things you can go through to know that your body is failing,” said Jenni.

In 2009 Jenni’s chance came when, thanks to a generous donor, a match became available. After a couple of hurdles in the preparation process Jenni underwent the life changing surgery at the Alfred Hospital.

“Having a transplant is a big thing to go through. The preparation prior to having the operation is so extensive, I was tested for absolutely everything to make sure I had no infections and there was nothing that would jeopardise the transplant,” said Jenni.

“Aftrwards I spent a month in hospital which was followed by extensive rehab to get my strength back.”

Once she was home Jenni’s life continued to change.

“It wasn’t just a matter of going home and picking up where I left off, my whole lifestyle changed,” said Jenni.

“There were many more things that I could do but also many things that I wasn’t able to do because my body and my immune system were so weak.

I had to change what I was eating I left my job and I was more prone to sickness in general.”

Without the generous decision from her donor’s family Jenni would not be in the position she is in now.

“Thanks to the donor and their family I now have so many opportunities that I didn’t have before. I have things to look forward to in the future, I will get to see my kids grow up and I’m doing things I wasn’t able to do before the transplant,” said Jenni.

“Organ donation is like a gift without strings, you can be truly thankful to someone without knowing who the person who helped you is.

“I am truly thankful to my donor and their family for the gift of life,” said Jenni.

Organ donation is like a gift without strings, you can be truly thankful to someone without knowing who the person who helped you is.

“When Peninsula Health Theatre Technician Allan Chrystie was told that his younger brother needed a new kidney he did not hesitate to offer up one of his own.

Alan is now what is known as a ‘living donor’. A living donor is someone who donates an organ, or part of an organ, while they are still alive. In Australia, living donors can donate a kidney or part of their liver.

“I knew from the very beginning of my brother’s diagnosis that I would be the donor,” said Allan.

“Having worked in theatre and in the health system for the last 25 years I’ve seen what happens to those in need of vital organ transplants.

“I could never let my brother, or anyone I know, go through such a terrible time,” said Alan.

In preparation for the transplant both Alan had to go through an intense testing process.

“They test you for absolutely everything,” said Allan.

“You really need to be 100 per cent emotionally, psychologically and physically prepared to become a living donor.”

In 2011, 255 Australians donated a kidney and two others donated part of their liver. The majority of living donors are relatives or close friends of the recipient.

Currently, living donors who donate organs to family members or friends are the only type of organ donor who can choose who receives their organs.

“Our living donor

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$25 million Mornington Centre expansion underway

The $25 million expansion of the Mornington Centre for Rehabilitation and Aged Care is now underway and once completed will deliver better service options for the older people in our community.

A new Geriatric Evaluation and Management Unit will add 30 new beds comprising seven double rooms and 16 single rooms.

A new Integrated Ambulatory Care Centre (IACC) will bring additional services to the Mornington Centre. The IACC will include a large gym to service the needs for inpatients and community clients.

Consulting rooms will be shared by specialist clinics such as Cognitive, Assessment and Dementia Management Services, Continence, Falls Prevention and others. It will have convenient access for outpatients with a drop off zone and disabled parking bay close to the building.

There will also be a therapy garden onto which the new gym and therapy room will open. The garden will be used for mobility training and provide opportunities for patients to practise mobility skills on various surfaces such as gravel, decking and cobblestones.

The garden will include a wandering track, flowering garden beds and opportunities for patients and families to socialise in seating nooks.

The Mornington Centre is designed to appear less like a hospital ward by providing light and air through two central glass courtyards. The internal courtyards will provide an opportunity for patients to sit in the fresh air whilst remaining under staff supervision.

Executive Director of Rehabilitation and Aged Care Ms Jan Child said: “Our goal is to provide enhanced specialist care to patients, improved career opportunities to staff and to create centres of excellence in aged care and rehabilitation services on the Peninsula.”

“The Centre will have modern, comfortable facilities, and will be developed as a Centre for Excellence in Aged Care placing emphasis on ‘best practice’ and improved patient experience”, said Ms Child.

Peninsula Youth PARC opens

The doors to the newest Peninsula Health facility are now open. The new Youth Prevention and Recovery Care Service (Youth PARC), is the first of its kind in Victoria. The service is located on Yullie Street in Frankston and has been developed to assist young people on the Peninsula living with mental illness.

The Peninsula Youth PARC, which is funded by the Victorian Government, has been purpose built for young people aged 16 to 25 who are experiencing mental health problems. The service is run in partnership by Peninsula Health, mental health organisation Mind, and Peninsula Support Services (PSS).

The Youth PARC will provide early intervention for young people who are becoming unwell and for those in the early stages of recovery from an acute psychiatric episode. Young people are expected to stay at the 10 bed inpatient facility for a minimum of two weeks or up to 28 days depending on their needs.

A legacy set in concrete

The construction of the new multi-storey car park at Frankston Hospital has unveiled a slice of history about the site and one of the most generous acts the hospital has ever seen.

In 1987 Garry Ellis, a local concreter and friend of Peninsula Health, took it upon himself to get together with a few of his friends and colleagues and replace what was then a grass helipad with a new concrete one, complete with a gravelled access road for the ambulances.

Garry’s wife Gay, who at the time was a senior night duty nurse in the Frankston Hospital Emergency Department, said that: “It all really came about one morning after I had finished work. “I had told Garry that the ambulance drivers had been complaining that it was difficult to drive up to the helipad and that they were always getting bogged and sliding on the grass.”

After hearing of the troubles the Ambulance Officers were having at the site of the helipad, Garry got in touch with Peninsula Health and a few of his friends and contacts and had the project organised within a week.

“At the time Garry was working for Pioneer Concreting,” said Gay. “He organised to have all the concrete and use of the trucks and machinery donated.”

“Garry really just wanted to give something back to his community and to the hospital,” said Gay.

Sad to say, Garry has since passed away and the construction of the new multi-storey car park has led to his helipad being uprooted.

Garry’s legacy will remain intact with plans to recognise Garry’s generous efforts at Frankston Hospital.
Peninsula Health volunteers kick up their heels

Earlier this year 400 Peninsula Health volunteers came together to celebrate at the Mornington Racecourse for Peninsula Health’s Annual Volunteers and Auxiliaries Appreciation Day.

The annual event, which has been running for seven years was hosted by staff, Board Members and Executives to celebrate the hard work and tireless contributions of the over 800 volunteers who faithfully dedicate their time to every aspect of Peninsula Health.

The day included entertainment by six-piece band Shine and the now traditional conga line. It also recognised the long-service milestones of 41 volunteers with a combined total of over 700 years’ service.

This included 25 volunteers presented with long service awards for 15 years of service, 12 volunteers for 20 years of service and four volunteers for 30 years of service. “It takes a special person to find the time to help others. Volunteers are special people and it is through their efforts and because of their commitment that we are able to provide the best services possible to our community,” Peninsula Health thanks all volunteers and is deeply grateful,” said Chief Executive, Dr Sherene Devanesan.

Peninsula Health would like to thank everyone who came and would like to again congratulate all volunteers who received long service awards.

Long service award recipients:

15 years:
- Vera Bridge
- Betty Madrick
- Heather Missen
- Wendy Jackson
- May Raynor
- Margaret Pollock
- Loretta Rumble
- Margaret McInerney

- Joy Booth
- Margaret Cairns
- Ernesta Fenny
- Peter Ford
- Jack Plassen
- Margaret Vis
- Beryl White

20 years:
- Marie Newcombe
- Vida Barry
- Jan Graham
- Marion Sparrow
- Pauline Ellerby
- Rina Hutton
- Patricia Wallace

- Malcolm Carmichael has joined a special club.

He is one of just 114 people in Victoria to have an MRI friendly pacemaker implanted.

The operation was the first of its kind to be performed at Frankston Hospital and will now allow Mr Carmichael to undergo MRI scans without any risk.

“Until recently MRI scans weren’t available to patients with pacemakers. Mr Carmichael can now have MRI scans, which is crucial for his health due to having existing medical conditions,” says Dr Geoff Toogood, Director of Cardiology at Frankston Hospital.

This latest advance in technology means the pacemaker is not affected by the use of MRI machines. So, if needed, Malcolm can now have scans without running the risk of damaging his pacemaker.

Until the Medtronic Ensura MRI SureScan pacing system was developed, people with pacemakers could not have MRI scans.

This new pacemaker is safe because it does not conduct the energy or heat of the MRI machine. If a normal pacemaker went into the machine it would potentially give the patient a life threatening heart arrhythmia from the energy and burn the heart muscle from the heat.

“Malcolm Carmichael and Coronary Care Nurse Unit Manager Gill Dixon (left) and GP Liaison Consultant Joan Wallace with a demonstration pacemaker.”

Heart surgery first for Frankston Hospital

Malcolm Carmichael and Coronary Care Nurse Unit Manager Gill Dixon (left) and GP Liaison Consultant Joan Wallace with a demonstration pacemaker.
Aboriginal Healing Garden launch at Frankston Hospital opens NAIDOC Week

A new Aboriginal Healing Garden at Frankston Hospital will provide a place for the Koori community to enjoy, relax and heal.

The garden, a landscaped area with seating, plants that are indigenous to the local area, and three large mosaic Aboriginal art panels, was officially opened with a traditional Smoking Ceremony to mark the beginning of NAIDOC Week 2012.

Highlight of the opening was a performance by Nola Lauch, niece of famous musician Archie Roach. Nola’s rendition of Archie’s songs Too Many Bridges and Lyram Nguram (which means ‘coming together of the spirit’ in the Yawarri language) moved the strong turnout and even forced the sun to make an appearance on what was otherwise an overcast day.

Peter Dawson, Peninsula Health Program Manager, who helped organise the garden, said its completion would mean a lot for the Aboriginal community.

“We’re proud to acknowledge the Boon wurrung people on whose land this garden is built. It will provide a place for people to come together and enhance our understanding of Aboriginal culture and the strong ties we have built with the Aboriginal community,” Peter said.

Shane Wright, Peninsula Health’s Aboriginal Hospital Liaison Officer said that “The garden will give patients and family members a calming place to sit, talk, grieve and heal in Frankston Hospital outside the hospital setting.”

The event, which was a joint initiative between Frankston Hospital and Frankston City Council, was preceded by a flag raising ceremony at the Council offices.

The stroke caused severe damage to the left side of his brain, which controls language and speech.

“I knew something was wrong. I knew I wanted to say something, but couldn’t. It was very frustrating and sometimes it still is,” said Spencer. Spencer had a three week stay at Peninsula Health’s Golf Links Road Site. This was followed by three sessions every week with speech pathologists. After eight months of therapy, Spencer can engage in conversation once more.

“The speech pathologists I worked with together with family and friends were so encouraging and pushed me to achieve my goals. They don’t realise how much they have done for me,” said Spencer.

Spencer now reads the newspaper out loud to wife Marj from time to time and is slowly building the confidence to pick up the house phone.

“I believe I am getting better; but I still have a long way to go,” said Spencer. Peninsula Health speech pathologist Taryn Strumpman said that maintenance is now the key for Spencer.

“Spencer has come a long way since he first came to us,” said Taryn. A Social Communication Group is run by Peninsula Health speech pathologists every fortnight.

Minister for Health waves the rainbow flag

The rainbow flag is flying proud across Frankston and the Mornington Peninsula thanks to the achievements of Peninsula Health’s Gay, Lesbian, Bisexual, Transgender Intersex and Queer (GLBTIQ) Community Advisory Group.

In May, the group was honoured at the 2012 Minister for Health Volunteer Awards with the Outstanding Team Achievement Award in the Metropolitan Health Services category.

One of only 16 individual volunteers and teams that received an Outstanding Achievement award from over 1,000 nominations, the GLBTIQ Community Advisory Group is paving the way for more sensitive healthcare and improved wellbeing for people of diverse gender and sexuality across Victoria.

With 25 active community members, the GLBTIQ Community Advisory Group at Peninsula Health is passionate about driving change to allow everyone the right to the best standards of physical and mental health without discrimination on the basis of their sexual orientation or gender identity.

The GLBTIQ Community Advisory Group has only been in existence for a little over 12 months, so this award is a fantastic achievement,” says Simon Ruth, Director of Complex Services in Peninsula Health’s Community Health, “in a short time they have brought about real change both within Peninsula Health and in the local community.”

The group’s recent work includes a presentation at the International Consumers Reforming Health Conference in 2011, contribution to the development of GLBTIQ-friendly resources used by local GPs and ‘Peninsula Proud’ – a very successful community information event held in April this year. The group has also highlighted the difficulties that transgender patients can face when going into hospital and worked with staff at Peninsula Health to introduce a more sensitive, appropriate practice.

Peninsula Health’s GLBTIQ Consumer Advisory Group is one of a network of 14 consumer advisory groups that the health service has set up to represent the views of specific geographic areas, special needs and marginalised population groups. Consumer representatives on the groups volunteer their time, skills and expertise to help Peninsula Health respond to and reflect community needs.

The expo is free and offers entertainment, activities, and information to help people lead a healthy and active lifestyle on the Peninsula.

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Ageing Well Expo

Now in its seventh year, this year’s Ageing Well Expo is expected to attract more than 1,200 attendees.

 Held in partnership with the Mornington Peninsula Shire, National Seniors and Frankston City Council, the Peninsula Health event provides visitors with tips on ageing well. Exercise demonstrations, displays from local services and guest speaker Victorian Health Commissioner Beth Winton will be among the highlighted attractions at this year’s Ageing Well Expo.

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Blue Ribbon Foundation kicks goals

With many successful fundraising events under their belt, the Blue Ribbon Foundation Peninsula Branch is kicking goals in their fundraising efforts for the Frankston and Rosebud Hospital Emergency Departments.

When Darryl Nation retired from the Victorian Police Force he didn’t want his days of serving the community to be over. Since retiring, Darryl and his wife Rhon have founded the Peninsula Branch of the Victoria Police Blue Ribbon Foundation.

The Victoria Police Blue Ribbon Foundation funds new and improved medical facilities in Victorian Public Hospitals, which are named in memory of fallen officers. The type of facility chosen depends on local police investigations undertaken to solve some of Victoria’s most notable crimes.

Last month, the Somerville Football Club held their annual Family Day and partnered with the Blue Ribbon Foundation for a day of football and fun. The event’s aim was to get the community together and involved to support the Blue Ribbon Foundation and Peninsula Health.

The Police Highway Patrol, the Police Dog Squad and Constable T Bear were all in attendance on the day. Additionally, 73 under 10 players wore Blue Ribbon arm bands and players were awarded best on field. “The Victoria Police Blue Ribbon Foundation enjoys the trust and support of our community. The partnership between the Victoria Police and the Peninsula Branch is keen to support local initiatives involving the police and the community,” said Darryl.

“Are unique in that we are the only Victoria Police Blue Ribbon branch to have two hospitals to raise funds for. Although challenging, we are confident that with the support of the community we can raise much needed money through our fundraising activities and events,” said Darryl.

For more information on upcoming Blue Ribbon Peninsula events or to become a Blue Ribbon Peninsula branch member, contact Darryl or Rhon Nation on 03 9775 5798 or visit www.remember.org.au/Branches/Peninsula

Woolworths helps sick children

A toy shopping spree on a wintery Friday morning was just what the doctor ordered for Peninsula Health.

The Frankston Hospital Paediatric Unit, Emergency Department and Youth PARC facility had a truck load of toys and other merchandise delivered all thanks to the Woolworths ‘We Care for Kids’ project.

The Woolworths ‘We Care for Kids’ initiative raises money to purchase toys for metropolitan hospitals. Local Woolworths stores raised $6,500 which was used to purchase new toys and other merchandise for children and their families using Peninsula Health services.

Representatives from each department met at Karralga Big W with their wish list of toys and other goods.

With the help of Woolworths, Big W representatives and staff, the trolleys were full in just over two hours.

The toys were then transported back to Frankston Hospital, and with help from the magical elves in the Peninsula Health supply department, the toys were delivered safe and sound to their new homes.

“It was very unexpected, but a wonderful surprise for the Emergency Department to receive this donation,” said Shamala Jones, Operations Director of the Emergency Department Frankston Hospital.

Skynews pays a visit to 5GN

TV stars were made on Ward 5GN at Frankston Hospital when Skynews visited to film the digital pen and paper technology research currently taking place on the ward.

Our very own Justin Aylward, 5GN Nurse Unit Manager, fronted the camera to give a nurse’s perspective of the day-to-day benefits of using the technology on a working ward. Project partner representatives: Terri Harlem from Peninsula Health, Dr Virginia Plummer from Monash University and Dr Stephen Weeding from NEC Australia were also on hand to share with Australia all the ins and outs of the project and its development.

“It is such a great project to be a part of and such a fantastic opportunity for Frankston Hospital,” said Justin. Captured on the small screen was nurse Tegan Willis, who got her 15 seconds of fame being filmed using the technology with patient Nandan Abeyaratne.

The concept project, which began in 2009, uses digital pens and specialised binary paper to record the Fractured Neck of Femur clinical pathway data. The data is then able to be accessed via a specially developed computer dashboard in real time.

“The ultimate aim of the project is to develop a streamlined Digital Clinical Pathway Management System (DCPMS) to make it easier to identify variances at the time of care,” said Terri Harlem, Quality and Clinical Pathways Coordinator.

The news piece which was star studded with our stunning Peninsula Health staff, aired on the Sky News Channel in April.

Peninsula Health and Woolworths staff outside Frankston Hospital with the toys.

“Money to purchase items for the children who visit emergency is not widely available, and having the choice to go shopping and choose what we really needed was wonderful.”

In addition to toys, Peninsula Health was able to purchase electronics such as Nintendo DS consoles and DVD’s for the children to watch during their stay at the hospital.

Peninsula Football Club Under 10 players with member of the Victoria Police at the club’s Family Day.

Peninsula Blue Ribbon Match and Peninsula Golf Day, the Under 10’s Somerville Blue Ribbon Match and Inside Story.

Inside Story gave a behind the scenes on the project and its ins and outs of the project and its development.

Peninsula Blue Ribbon Match and Peninsula Golf Day, the Under 10’s Somerville Blue Ribbon Match and Inside Story.

Inside Story.
Mount Erin glass wall at Frankston Hospital

Mount Erin Secondary College initiated the ‘Things That Make You Smile’ project, at the end of 2007 and have completed it almost five years after it began. ‘Things That Make You Smile’ is a community arts project funded by the Frankston School Focused Youth Service and the Victorian Government’s Artists in Schools Program. The project involved 10 local primary schools, initiated by Mount Erin College, and was directed by artist in residence, Ruth Allen.

The college, in conjunction with Ruth Allen, has transferred drawings from 164 local primary school children and hospital patients onto glass tiles.

More funds for Koori sports

Aboriginal and Torres Strait Islander people across Frankston and the Mornington Peninsula will soon have greater access to sport and recreational activities.

A Federal grant for $138,397 will allow the Aboriginal and Torres Strait Islander community in Frankston and on the Mornington Peninsula to continue to enjoy the various sporting programs currently offered by Peninsula Health’s Koori Services Team.

The program aims to increase active participation by the Aboriginal and Torres Strait Islander community in sport and physical recreation. It also encourages increased community engagement.

“It is fantastic that we now have the resources to continue to run and fund these programs,” said Simon Ruth, Director of Complex Services at Peninsula Health.

Primary school students have brightened up Frankston Hospital with a colourful wall of glass in the Children’s and Adolescent unit.

Project Coordinator Wendy Quinn said the wall will build a real connection between young people and the community in which they live. “Our endeavour is to develop links between the two communities so students can have a direct impact on their local community.”

Grade six students were invited to draw images that depicted things which made them smile. Sharon White, Operations Director for the Children’s and Adolescent Unit, said that the glass panels were a welcome addition. “We’re thrilled the project has been completed,” she said.

The project was completed and officially unveiled in early August.

Peninsula Health Koori Services Team commenced its sport and recreation program in 2010 after being selected as part of a nation-wide initiative backed by the Australian Office for Sport. The Honourable Kate Lundy, Minister for Sport announced that federal funding would continue for the program until 2015.

“We now have the potential to expand the existing program and encourage more of the 1400 Aboriginal and Torres Strait Islanders living in Frankston and on the Mornington Peninsula to participate in the sports on offer”, said Peter Dawson, Program Manager of Connecting Communities that incorporates the Koori Services Team at Peninsula Health.

“In the last two years, we have had over 500 participants take part and hopefully this funding will enable us to increase this number significantly,” he said.

Sports on offer in recent years have included bush walking, tennis, swimming and rugby, whilst a tailored youth surfing program is also available for children up to 18 years. The Koori Services Team is now taking applications for the October Surfing Camp and the term four school holiday swimming program. For further information contact Trent Gilmour on 9784 8143.

Help support Peninsula Health by collecting your Ritchies Community Benefit Card today!

Help Peninsula Health raise vital funds by using a Ritchies Community Benefits Card.

Ritchies IGA have generously provided Peninsula Health with pre-programmed cards and key tags. Each time you shop at either of these stores, 0.5 per cent of the proceeds will be automatically donated back to Peninsula Health.

With your support, we can grow this program and use these funds to purchase additional equipment and provide enhanced services. Help us continue to provide our community with the highest quality care.

To help support Peninsula Health when you do your shopping, simply collect your pre-programmed Community Benefits Card or key tag from Reception at any Peninsula Health site or call 9788 1502.

DONATE NOW I WOULD LIKE TO HELP BUILD A HEALTHY COMMUNITY

MAIL TO: Peninsula Health, Fundraising, PO Box 192, Mt Eliza 3930 CONTACT: P 9788 1502 E fundraising@phcn.vic.gov.au

Name/s ___________________________ Contact number ___________ Address ___________________________ Postcode ___________ Email ___________________________ DOB (optional) ___________

I enclose a gift of $200 $100 $50 ____ $ ___________ (gift of your choice)

Debited from my Visa Mastercard OR I have enclosed a cheque/money order (Payable to Peninsula Health)

Card No. ___________ Expiry date ___________ Name on card ___________________________ Signature ___________________________ D.O.B (optional) ___________

☐ Please send me more information about leaving a lasting gift to my community in my Will ☒ ☐ Please send me more information about supporting my community with a regular monthly gift

Peninsula Health respects your privacy and observes the provisions of the Privacy Act 2001.

Your details remain confidential. All donations over $2 are tax deductible. ABN 52 892 860 159

☐ I have already included a gift in my Will for Peninsula Health

Tick here if you do not wish to receive any further information from Peninsula Health

Thank you We are grateful to those in the community who choose to support the work of Peninsula Health
Patients can expect to be extra comfortable in Frankston Hospital’s Emergency Department after a kind donation of pillows.

The Emergency Department recently received a significant donation of new fluffy pillows for patients in a kind gesture from local businessman, Joe McDonald and his staff at Frankston based Market Metrics. Mr McDonald visited the Emergency Department several times recently with his elderly mother and has nothing but positive things to say about the hardworking and dedicated staff.

“Having had four kids and elderly family members go through Frankston Hospital, I have seen that the level of service provided is excellent.

“Frankston Hospital has really fantastic staff, they are flat out caring for patients and doing a great job. I just thought that a few extra pillows here and there would really help out,” said Mr McDonald.

Dr Helen Hewitt, Clinical Director Emergency Services said: “This donation is for the people in the Frankston community who attend the Emergency Department. The pillows will be of great use in busy times. The pillows will have many purposes and the more we have the better.

“Joe McDonald and his staff’s donation is a heartfelt one, their enthusiasm to make a difference is inspiring. We receive donations of all types for our patients such as teddies and quilts so that they have a more pleasant experience in emergency. This pillow donation is one of them. We are very grateful to have these extra pillows on standby for patient comfort,” said Dr Hewitt.

Joe McDonald with some of his donated pillows in Frankston Hospital Emergency.

Comfort for the community

We are always grateful to those in the community who choose to support Peninsula Health.

Our **Tax Appeal** has raised **$26,000** to date.

The **Sorrento Portsea Auxiliary** donated **$27,644.75** to Rosebud Hospital

The **Rosebud Auxiliary** donated **$2,628** to Rosebud Hospital

The **Joe White Bequest** has given **$36,850** to Rosebud Hospital

**Rosebud Hospital Kiosk Auxiliary** donated **$11,236.35** to Rosebud Hospital

**All Saints Opportunity Shop** donated **$10,000** towards a CT Scanner at Rosebud Hospital

**Mount Erin College** donated **$1,300** to the Oncology Unit at Frankston Hospital

**Esso and BHP Billiton** donated **$12,000** for a Broselow Trolley for the Frankston Emergency Department.

**Rotary Club of Sorrento** donated **$2,000** to Rosebud Hospital. The donation will be used to purchase a Bariatric Mobile Shower Commode Chair for the Rosebud Hospital Emergency Department.

The **Grosvenor Foundation** gave **$16,048** to the Mornington Centre and Golf Links Road for equipment.

**Community Real Estate** donates a percentage of its selling fee to the vendor’s chosen local charity. To date, this year it has donated over **$2,000** to various Peninsula Health services.

Thank you to all our recent major donors