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Mark Williams - Australia’s first Nurse Practitioner for Hospital in the Home

Peninsula Health is proud to acknowledge one of our very own as a pioneer of the changing face of nursing in Australia.

Mark Williams is Australia’s first Hospital in the Home (HITH) Nurse Practitioner. His accreditation will provide for a more flexible and timely approach to patient care. HITH is an initiative of in-patient management outside the traditional hospital setting. It is a flexible service that allows for patients with particular conditions to be treated in the comfort of their own homes.

Mark and his Peninsula Health colleagues, Julie Chimyong and Jody Holmes from Renal Services (see next page for feature), recently completed a vigorous course of study to achieve their Masters degrees and Nurse Practitioner accreditation.

“My drive was to help improve our service to patients across the Peninsula,” said Mark.

Mark commenced his nursing career that very year and became involved with the inception of HITH transferring from the Trauma Unit at the Royal Melbourne Hospital.

Since then, he has taken the next step in career development, having received his Masters in Nursing from Latrobe University, then being sponsored as a Nursing Practitioner for HITH at Peninsula Health.

“My drive was to help improve our service to patients across the Peninsula,” said Mark.

“I completed my Masters over one and a half years. Then it took me six months to seek funding for the project and another six months to get endorsement. So I was working seven days a week for a few years!”

“Nonetheless, it’s been very rewarding,” he said.

Mark’s new Nurse Practitioner status allows him to work in collaboration with doctors and consultants to provide a timely and flexible service to patients.

Mark (together with the 60 to 70 other Nurse Practitioners in the state), is able to prescribe medicine to patients, has admittance and discharge privileges, and authority to order pathology and diagnostic tests and write up medical certificates.

“Medicine and Healthcare is rapidly changing,” said Mark.

“For more information on a career in nursing at Peninsula Health and the services available to nurses seeking Nurse Practitioner accreditation contact Sharon White on 9784 8264.”

“My drive was to help improve our service to patients across the Peninsula”
The changing face of Nursing in Australia

Jody Holmes, Julie Chimyong and Mark Williams are the future of nursing.

They have obtained their Nurse Practitioner accreditation and will play a pivotal role across various Peninsula Health sites. Nurse practitioners take on greater responsibility and add an extra dimension to providing the best possible care to patients. Nurse practitioners must achieve a Masters degree and undergo extensive clinical training.

Upon accreditation, practitioners are able to write autonomously to write some prescriptions, interpret pathology results and seek some advanced training support. Nurse practitioners to gain qualifications “There is a great need for Nurse Practitioners to gain qualifications with a broad approach so that they can work in high traffic flow areas such as Emergency and Elective Surgery,” said Jody.

“Things have changed a great deal since we started. People didn’t know what a Nurse Practitioner was, and it was very difficult to obtain funding.”

Jody and Julie completed their studies whilst working full time and raising their families, but they both persevered. “I found it very difficult at the start. I had to keep working the same amount of hours to be able to support myself and my (then) teenage daughters,” said Jody.

“The hardest bit was getting back into those study habits after such a long period of time.”

Jule also battled with the demands of working full time whilst attending to the needs of her young family.

“The first semester was the hardest,” she said.

“My family has always been very supportive, but we had a lot going on in our household at the same time.

“Amidst me taking out time to complete my accreditation, my husband started his plumbing apprenticeship and we also had our eldest son Kai starting school around the same time.

“It all went really fast though,” she said.

All three say the support offered at Peninsula Health were pivotal to their success.

“Peninsula Health was fantastic in supporting me with post-grad study leave,” said Jody.

“I knew that one day a fortnight could be put aside for study and I was able to make the most of it. Julie was offered the same options at Frankston.”

Julie’s story is of perseverance and commitment to gaining her accreditation. “There are 10 nurses across Peninsula Health who are currently in the process of obtaining their Nurse Practitioner accreditation. “It’s great that nurses are increasing their qualifications,” said Jody.

“In our busy periods, Nurse Practitioners could essentially take over one third of the patients and treat them very efficiently.”

“There is a great need for Nurse Practitioners to gain qualifications with a broad approach so that they can work in high traffic flow areas such as Emergency and Elective Surgery,” she said.

“It’s a lot of hard work, but it’s worthwhile doing it,” said Julie, who is based at Frankston Hospital.

“Things have changed a great deal since we started. People didn’t know what a Nurse Practitioner was, and it was very difficult to obtain funding.”

Jody and Julie were also part of a Nephrology Nurse Practitioner collaborative. This was made up of other nephrology Nurse Practitioner candidates from across the state. The collaborative provided support, education and feedback whilst they all went through the gruelling process together.

“The study group was the best thing Jule and I were involved in,” said Jody.

“Everyone helped each other and were really friendly,” said Julie.

For more information on a career in nursing at Peninsula Health and the services available to nurses seeking Nurse Practitioner accreditation, contact Sharon White 9784 8264.
Cruising 4 Charity

Peninsula Health Operations Assistant Bethany Bieleny’s day-to-day life involves supporting the busy lives of several of our Operations Directors. However, Bethany’s kind heartedness and determined dedication to helping others doesn’t stop at her job.

In late 2011, Bethany and 260 members of the Boosted Falcon Car Club, of which she is a member, took to the road to raise money for Peninsula Health. Bethany, along with her partner Pete, single-handedly coordinated the club’s annual Boosted Falcon Al Ford Cruise 4 Charity which raised $7,064.60 towards the return to driving services offered by Peninsula Health’s Golf Links Road site. The services that the donation will be going towards consist of comprehensive cognitive screening tools, assessments and therapy that determine if a person is safe to drive.

“The services are used for people who want to return to drive after having an accident, or for the elderly who may have had a stroke,” said Derride Morgan, Senior Occupational Therapist at Golf Links Road.

Bethany and the Boosted Falcon members hope that next year’s event is just as successful.

“This is the third time the event has been held and the biggest turn out yet. We were so overwhelmed by everyone who came out to support the cause and we are so excited to make such a contribution to Peninsula Health,” said Bethany.

Emergency snags

Every Sunday, dedicated Emergency Department Patient Services Assistants (PSAs) Sharon Thomas and Kristi Wakenshaw set up shop at the Frankston Hospital entrance and sell snags to the masses - all in the name of charity.

The snag station, which has now been running since November, raises money for additional equipment for the Emergency Department. “We saw the need for some additional equipment for the department and decided we could raise the money ourselves,” said Sharon.

Since setting up shop Sharon and Kristi have raised close to $4,000 from their snags and have already made their first purchase. For just $3.30 hungry visitors and staff are able to get a roll with a sausage, onions and handmade coleslaw. Selling anywhere up to 350 snags a week it’s no wonder that the ladies are on such a ‘roll’.

“We’ve had a lot of help and interest from the PSAs in other areas too,” said Sharon.

“The Emergency Department Assistance and Care in Emergency (ACD) volunteers often help as well as PSAs from other areas of the hospital, including bank and pool. Our ‘head chef’ Ruairi Lean has never missed a week,” Sharon said.

Both Sharon and Kristi could not be more appreciative of all the support they’ve received so far.

“We just want to say a big thank you to all those who have helped us out so far,” said Kristi.

“We have a major goal of purchasing an additional paediatric resuscitation trolley,” said Sharon.

So if you happen to be hungry and at Frankston Hospital on a Sunday head down and say hello to Sharon, Kristi and the team.

If you are interested in joining the snag station as a volunteer contact Shirley Kohn on 9784 7496.

‘Nurse on a stick’ makes life easier

The National Seniors Foundation is again taking care of needy seniors. Their donation of $2,695 has helped to purchase a new vital signs monitor for the Mornington Centre.

The Vital Signs monitor affectionately known as ‘nurse on a stick’ checks a patient’s vital signs very quickly and can be moved around easily from ward to ward.

“The monitor uses electronic sensors to measure common observations, such as pulse and blood pressure,” said Karen Bull, Operations Manager at Peninsula Health’s Mornington Centre.

“One of its functions is shining a light onto a finger, which measures the proportional amount of oxygen in the bloodstream. The monitor performs observations rapidly because of its advanced electronics. In conjunction with good nursing skills, the monitor can assist in early recognition and management of age-related illnesses such as pneumonia,” she said.

“Nurses are now able to wheel the new vital signs monitor to whenever the patient may be so the location of the patient is no longer an issue. The monitor is fast, easy, convenient and non-invasive.”

The Mornington Centre has an aged and high risk client population. The new vital signs monitor will assist in offering improved timeliness of care and faster diagnosis for patients.

“A big thank you goes out to the President of the National Seniors frankston branch Mr Ray McLaren for nominating Peninsula Health for such a generous donation,” said Ms Bull.

Bunnings to the horticultural rescue

Bunnings Warehouse have come to the horticultural rescue and spread some community spirit at Michael Court Residential Aged Care Hostel in Seaford.

In February this year, volunteers from three Bunnings stores banded together as part of their community involvement program, and worked through the rain to build four raised garden beds at the hostel.

Staff volunteered their time and resources to replace the garden beds for the residents at Michael Court.

David Sinclair, Unit Manager at Michael Court, says, “Michael Court’s raised gardening beds are well-loved, but sadly they are getting old and need to be replaced.”

Bunnings went above and beyond for the project donating not only the raised beds but also filling them with drainage and good compost. Bunnings donated plants and loads of garden tools including two wheelbarrows, spades, hose, weedkillers, BBQ tools, gardening gloves, hand forks, trraigs, sprayers and more.

“The raised garden beds really benefit the residents through horticultural therapy,” said Mr Sinclair.

“Horticultural therapy helps with the mental and physical health of our residents. The raised beds bring the garden up closer to the residents who can tend to them without bending over.”

A horticultural therapist visits the hostel once a week to work with the residents, exploring and developing their skills. The vegetable produce that will be grown in the raised beds will form part of the residents’ healthy diet. The vegetables that they grow can then be cooked in their unit kitchens.

“The raised beds are a beautiful addition to our much loved gardens. They will produce hours of pleasure for our residents. We would like to thank the Bunnings team for their help and time. It means a great deal to us,” said Mr Sinclair.

Boosted Falcon Car Club members Bethany Bieleny and Pete Tant presenting the donation to Clinical Director of Rehabilitation Services Dr Mary Lou Leach and Occupational Therapist Elizabeth Collins outside the Golf Links Road Rehabilitation Centre.

Nurse Wendy Vetesi taking patient ‘Peg’s’ vital signs at the Mornington Centre.

Bunnings team member Tammy McCauley nominating Peninsula Health for such a generous donation.
Natasha’s story...

Natasha is a 41 year old passionate, strong and independent woman. She is a well-established local sculptor and a loving and caring mother.

Right now her relationship with her 19 year old son is good. He’s just finished his VCE, has got into the course he wanted at university and lives in harmony with his mother.

However, life and her relationship with her son hasn’t always been so easy for Natasha, whose name has been changed for privacy reasons. In 2009, when her son was 17 their relationship took a horrific turn.

For a most of her son’s life Natasha has been a sole parent. She studied and worked hard so she could provide the best life she possibly could for her son. They lived peacefully together making the best of what they had.

“We were best friends and shared everything,” she said. “We worked together and respected each other.

“One day that all changed. He had just finished recovering from glandular fever which made him miss a lot of school. Whilst he was sick he became very lazy and his attitude started to change. “When he started year 12 the next year [2010] his attitude still hadn’t changed. He was skipping and missing a lot of school and then dropped out in the middle of the year,” said Natasha.

Natasha never gave up on her son. She was determined to see him achieve his best and complete his VCE when he repeated in the following year. But the six month gap between her son dropping out and starting afresh was the worst time of Natasha’s life. She was the victim of horrific physical and verbal abuse from her own son.

“He just turned into a different person. He was mixing with the wrong people and got involved in stealing and selling stolen goods. His attitude and behaviour just turned 180 degrees, he just flipped out all the time,” she said.

“I tried to get him to stop, but I kept finding out he was still involved in crime. We would have the most terrible arguments, he was just so out of hand. He would yell and swear and smash the whole house up.

“One day he turned on me, I ran to my bedroom to hide. I had no lock on the door so I couldn’t keep him out. He burst in and started pushing, shouting and hitting me, my own son.

“That was one of the worst days of my life. I ended up calling the police because I couldn’t cope with him anymore. They handcuffed him and took him to the police station but could not charge him because he was not 18 yet.

“The policemen suggested I take out an intervention order on him, I didn’t want to but if I hadn’t I would have gone insane. I had already gone through so much, any more and I would have broken down,” said Natasha.

Natasha did end up taking out an intervention order against her son, but her story doesn’t end there.

“For nine months my son lived with some very close friends of mine. We were both able to get our lives back on track. He started school again and ended up doing really well in his VCE,” said Natasha.

“After he moved away I started seeing a counsellor at a Family Relationship Centre in Frankston, it was there that I was referred to Peninsula Health’s ‘Out of Bounds’ support program.

“I didn’t even realise that those sorts of services were available to women in my situation. It was so good just being able to go and talk to other women and know that I wasn’t alone.

“They really taught me not to blame myself and that violence can happen to anyone, it doesn’t matter if you’re rich or poor, educated or uneducated, it can really happen to anyone.

“One of the best things about the program was being able to support the other mothers. We all learned that we could open up without being afraid,” Natasha said.

“It was not only Natasha that attended counselling, but her son as well. Through the different support they both received they were able to eventually return living together in a harmonious environment.

“He came home in November [2011] it was like he was his old self again. We had no dramas, he helped out around the house, there were no arguments and we did didn’t fight. It was like he had come 360 degrees since the beginning,” said Natasha.

Currently, PenDAP is receiving funding from the Legal Services Board and with involvement from Victorian Legal Aid and City of Greater Dandenong. Peninsula Health is looking at how services, including the police and courts, can more effectively support family members who experience the violence and the young people who use it.

The aim of the project is to ‘go tough’ on the use of violence, rather than ‘tough on the courts’. It is hoped that increased collaboration across police, courts and community services will result in greater support for the family members who experience this violence and the adolescents who use it.

“If we can intervene early and support adolescents who use violence against family members, we may be able to prevent an ongoing cycle of violence in adulthood, particularly against women,” said Ms Howard.

Tackling the issue from all sides, Peninsula Health’s Peninsula Drug and Alcohol Program (PenDAP) & Youth Services deals with the immediate and longer term impacts of violence across all age groups. For PenDAP & Youth Services Program Manager Jo Howard, the increase in violence by young people between 10 years and 18 years against family members is a worrying trend.

Every day, Peninsula Health’s Peninsula Drug and Alcohol Program (PenDAP) & Youth Services deals with the immediate and longer term impacts of violence across all age groups. For PenDAP & Youth Services Program Manager Jo Howard, the increase in violence by young people between 10 years and 18 years against family members is a worrying trend.

The number of adolescents physically abusing family members in the home has risen sharply across Victoria, with police reporting an 11.3% increase from 2,831 in 2009/10 to 3,252 in 2010/11.

Intervention orders taken out by police against adolescents to protect parents and family members have also risen from 47 in 2009/10 to 76 last year, a 66% increase. Most incidents occur in the outer suburbs and regional Victoria.

Ms Howard explains, “In Frankston, as in similar metropolitan and regional areas, adolescent violence in the home is a growing problem. Most adolescent violence is by sons against their mothers. It can range from verbal intimidation and abuse to physical violence, including extensive property damage and assault.

“Many parents live in fear. They are at their wits’ end and don’t know how to stop the violence. Young people themselves may be dealing with a range of issues including mental health issues, school drop out, and substance use. Many have experienced family violence themselves. Some become homeless as a result of their violence. Parents report high levels of violence, including broken bones and injuries requiring hospital admissions.”

PenDAP & Youth Services, who offer a wide range of services and keep their families safe.

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At 69, Barry Hughes suffered a severe stroke that left the entire left hand side of his body paralysed.

After first being admitted to the Epworth Hospital, Barry was recommended to the Peninsula Health Golf Links Road site for his rehabilitation because of its expert stroke rehabilitation services.

On leaving Golf Links Road, Barry’s health and mobility were not where he wanted them to be. He was restricted to a wheelchair and was dependent on full time care and support for things as normal as getting out of bed.

In September 2011, following his stay at Golf Links Road, Barry entered the Peninsula Health Transition Care Program (TCP). Through the program Barry saw the light at the end of the tunnel. He was determined to get his life back and return home.

“We were so happy with the care that Barry received,” said Barry’s wife Anne. “I’m honestly not sure how we would have got on without the Transition Care team.”

Prior to his stroke, Barry had lived a full and happy life in his Phillip Island home with his wife Anne. An avid golfer, he was known to be seen out and about on Phillip Island Golf Course up to four times a week.

“Barry really loves his golf. It keeps him active and he enjoys the social side of it too,” said Anne.

“After Barry had a heart bypass 18 months before his stroke, it was also the best way for him to keep healthy and active and follow the doctor’s orders of ‘keep walking’.

“He really took to it after that,” Anne said.

Barry spent 10 weeks in one of the program’s beds at Regis Shelton Manor. Whilst he was there he undertook the full gamut of services offered to him by the Transition Care Program. Each week that Barry spent there saw him become that little bit stronger and more determined than ever.

“The TCP team kept saying you must have a goal, Barry, you must have a goal. His only response was ‘I want to do is play golf’, so that’s what they set out to do,” said Anne.

Slowly but surely Barry regained what independence he could. But it was still uncertain if he’d ever be able to return home and get back on the greens.

Barry’s biggest turning point came when Occupational Therapist Bethea Fregon took him and his son Travis down to a local driving range to hit a few balls.

Although he was still wheelchair-bound and using the club with one hand, Barry was able to have a hit with his son and return to a sense of normality.

“It really showed Barry and his family what he was capable of and what he could become capable of in the future,” said Bethea.

“He thought it was the ant’s pants,” said Anne. “Even the pros were amazed. They all came up and said well done.

“It was like he was living his normal life. He was able to spend some time with his family, have a beer and play some golf,” Anne said.

After 10 weeks in the program Barry had a new lease on life that he wouldn’t have had otherwise.

He was now able to complete tasks, including independently dressing his upper body and manoeuvring his electric wheelchair; that he wouldn’t have been able to even think of doing before he entered the TCP.

Thanks to the program Barry was able to return home to Anne. The program not only helped Barry on his road to recovery and independence, but also supported Anne in becoming a home carer by providing the necessary equipment and training required to get Barry home.

“They helped us organise all the right equipment and made sure it was all set up properly at home,” said Anne. “It was really good just having people help you and show you how to do things right.”

Now that he is home Barry still enjoys heading down to the golf club and having a beer and chat with his mates.

“Even though he’s not playing, he likes to go and socialise and know what’s happening. When he first returned, the club gave him a standing ovation. It was really heart-warming,” said Anne.

In addition to regular visits to the golf club Barry keeps his social life active by dropping into the Phillip Island Angling Club every Friday to catch up on the latest fishing news.

“Barry has always been a keen fisherman but once he started playing golf that really became his passion,” said Anne.

“He’s definitely always keen to see what’s been caught and to catch up with the rest of the club though,” said Anne.

At home Barry is still reliant on Anne’s care, but is now also supported by a local Transition Care Program provided by Bass Coast Regional Health as part of a long-term care plan organised by the Peninsula Health program.

It is safe to say that without the effort and support of the Transition Care Program team that Barry would not be living the life he is today.

His progress is a true testament to the important role the program plays in enriching the lives of individuals who otherwise would not have the opportunity to live their lives to their full potential.
Without their support Peninsula Health would not be what it is today.

Congratulations to our 2011 Life Governors

Alma Newman  
Jim Newman  
Jennifer Hennessy  
Natasha Zolotarsua  
Yvonne Smith  
Linda Walton  
Sonia Sach  
Betty Whitmore  
Jan Anderson  
Marjorie Gillhan  
Lynne Emery  
Mary Dyer  
Joan Matthews  
Gwen Woods  
Molly Haughan  
Helen Sutton  
Sandra Clack  
Nuala Wood  
Mavis Peet  
Jeanette Betros  
Maurice Stone  
John McQuarrie  
Liz Marshall  
Rita Kenney

The Peninsula Health Annual General Meeting was held on 18 November 2011 at the Frankston Arts Centre.

Keynote speaker Dr Sally Cockburn, better known to the public as Dr Feelgood, had the audience up out of their seats and laughing with her sharp sense of humour and quick wit. Her focus was care — care not only for patients, friends, family and the community, but caring for yourself.

The public was also introduced to the four newest Peninsula Health Board members, Mrs Marcia Coleman, Professor Henry Elbert AM, Ms Erica Wilke and Mr Jonathon Tribe, for all of whom this was their first AGM.

The day also announced Dr Andrew Tay as the winner of Peninsula Health’s highly esteemed Jeff Wasserteil Medal for Excellence in Emergency Medicine. The award recognises Dr Tay’s hard work and innovative work in Emergency Medicine and the Frankston Hospital Emergency Department.

Congratulations to our 2011 Life Governors

Shirley Leach, long-time President of the Sorrento/Portsea Auxiliary.
Seniors stepping out in style

The dedicated volunteers from the Friends of Carinya Auxiliary have worked their magic once again.

Thanks to the Auxiliary the Carinya Residential Aged Care Unit residents were able to celebrate the 2011 Senior Citizens Week in true style and luxury.

As a part of the celebrations the residents of Carinya jet-setted about in limouine rides thanks to the fundraising and support provided by the Auxiliary.

Jan Graham, Friends of Carinya Auxiliary President, said “it’s a treat and a bit of fun for the residents that they wouldn’t normally have.”

The support of the Auxiliary during Seniors Week also extended to providing mid week entertainment for the residents. Much delight was brought from an open air musical performance by John Nicholson, as a roving entertainer who visited the residents one day during the week.

The residents also enjoy regular fortnightly music entertainment which according to Ms Graham “is by far one of the favourite activities for the residents.”

Carinya residents enjoying a limo ride during Senior Citizens Week.

School girls’ quilt keeps memory alive

Two young Dromana Secondary College school girls took it upon themselves to show their appreciation for the Peninsula Health Palliative Care Unit in a very unique way.

After the passing of her grandmother in late 2011, Stephanie Strongman along with her friend Shae Greber put their heads together and came up with the idea to give thanks to the Unit by making a homemade quilt.

The girls sourced their inspiration from the existing quilted artwork adorning the walls of the unit.

Stephanie’s grandmother Elisabeth Reid had spent time in the unit before her passing and her family could not be more appreciative of the efforts made by all staff to make her stay as pleasant and comfortable as possible.

Stephanie and Shae’s quilt now provides warmth and comfort on the beds of current patients.

Stephanie and Shae (centre) with Palliative Care Unit Manager Susan Blashki, family members including Stephanie’s mother and grandfather (husband of Elisabeth), and unit staff.

“Thank you for your support.

DONATE NOW

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Sitting in the foyer at Frankston Hospital is a marvellous almost life size rocking horse in need of a good home.

The rocking horse has been donated by the Woodworkers Southern Peninsula Inc. of Rosebud, and is valued at $2,500. The rocking horse, being raffled by the Frankston Hospital Pink Ladies, to raise funds for a piece of equipment, which will assist in treating children in the Frankston Hospital Emergency Department.

Dr Helen Hewitt, Director of Emergency Medicine said: “With these funds we are now able to buy a paediatric oximeter for Frankston Emergency Department. The new equipment will help us measure the oxygen saturation and pulse rate of children when they enter the emergency department. The whole process becomes less invasive and quicker for children, who are often scared and overwhelmed,” said Dr Hewitt.

The amount of time and effort put into cutting, sanding, gluing and painting this rocking horse shows in every detail from the embroidered leather saddle to the beautiful long mane.

“The horse is the result of about 50 hours of loving labour by the Woodworkers,” Mr John Bayliss, President of the Woodworkers of Rosebud said.

“The hardest part was the carving of the horse to make sure all surfaces were smooth.

“There are 80 woodworkers in the club. We work hard to make and donate about 800 toys each year, which we distribute to local community and organisations.

“We are very community conscious. Most of us have family and grandchildren who live on the Mornington Peninsula. We wanted to give something back to Frankston Hospital.”

If you would like to give this stunning horse a home, raffle tickets can be purchased for $2 from the Frankston Hospital Pink Ladies Kiosk at Frankston and Rosebud Hospitals or via phone on 9788 1506.

Thank you to all our recent major donors

Our Christmas Appeal has raised $35,775 to date for a Digital Subtraction Angiography (DSA) machine in our Theatre complex at Frankston Hospital.

The Collier Charitable Fund has provided $30,000 for Maternity Services equipment and $20,000 for the Pastoral Care Education program.

The Long Island Country Club donated $8,220.60 to the Special Care Nursery for a Thermal Neonatal Warming Cot.

The Boosted Falcon Car Club donated $7,064.60 for return to driving services and programs offered by Peninsula Health’s Golf Links Road Rehabilitation Services.

The Flora & Frank Leith Charitable Fund has provided $5,000 to assist in expanding the Parent-Child Mother Goose program.

The National Seniors Foundation provided $2,695 for a Vital Signs monitor at the Mornington Centre.

The Karingal Bowling Club donated $2,000 to the Paediatric Unit at Frankston Hospital for parent chairs.