



## Shared Maternity Care Program - LATEST NEWS August 2018

Dear colleagues,

We hope you find the following information useful and we particularly hope to see you at our next education event

### ❖ 2018 Education

#### Strengthening Local Responses to Family Violence Frankston and the Mornington Peninsula/High Risk Pregnancy Referral

August 29 2018 6:45-8:45pm

<https://www.peninsulahealth.org.au/wp-content/uploads/Maternity-Shared-Care-Forum-flyer-August-2018-Strengthening-local-Responses-to-Family-Violence-1.pdf>

### ❖ NEW CPG on website for Abdominal Palpation/FHR Auscultation

❖ If fundal height is more than 2cm below or above expected height, an obstetric opinion advised. Please refer to Antenatal Clinic 9784 2626 or obstetric registrar via switchboard 77847777

#### ❖ Intermittent Auscultation of fetal Heart Rate

Is recommended from 20 weeks gestation

The normal heart rate range is >110bpm and < 160bpm

If fetal heart rate or fetal movements are not present after 24 weeks gestation immediately, contact the Women's Health Unit on 9784 7959

<https://www.peninsulahealth.org.au/wp-content/uploads/Abdominal-Palpation-and-Auscultation-Guideline.pdf>

### ❖ Pregnancy Assessment- When & How to refer telephone numbers updated

<https://www.peninsulahealth.org.au/wp-content/uploads/Pregnancy-Assessment-When-How-to-refer-May-2016-3.pdf>

Please update any documents you may have saved.



It may be of interest for you to know that new services are being developed for women.

## ❖ New uro-gynaecology clinic

Further details to follow. Currently patients will be referred after assessment by continence services

## ❖ NEW Complex Pregnancy Clinic

Set up to provide continuity care for women with;  
IUGR

Twins (Mono and Dichorionic)

Chronic maternal disease

Hypertensive disease

Following on fetal diagnostic service

Referral from Obstetric clinic, no direct GP referral

## ❖ Gestational Diabetes Diagnosis

Early Oral Glucose Tolerance Test (OGTT) for high risk GDM  
high BMI >35 or PH GDM or Advanced Maternal Age >40

- Note patient as pregnant on pathology referral form, different reference range applies for pregnant women for fasting glucose and for OGTT
- If OGTT abnormal refer to Gestational Diabetes Mellitus Clinic and follow GDM pathway
- If OGTT normal repeat 24-28 weeks

GDM Diagnostic Criteria and Recommended Testing (WHO & IADPSG)

Additional New category of "Diabetes In Pregnancy"
Fasting $\geq 7.0$
2hr $\geq 11.1$ on OGTT
Random glucose $\geq 11.1$ in the presence of diabetes symptoms.

New WHO Diagnostic Criteria for GDM
Fasting 5.1- 6.9 mmol
1 hour $\geq 10.0$ mmol
2hr 8.5-11.0 mmol

## ❖ Shared Care List Updated



Please contact me if you have changed practice address or contact details or no longer wish to participate in shared care program [drule@phcn.vic.gov.au](mailto:drule@phcn.vic.gov.au)

## ❖ Accreditation for Maternity Shared Care Program

Accreditation has moved to an online process

Please tell clinic colleges to email me for the link, support will be provided as needed  
[drule@phcn.vic.gov.au](mailto:drule@phcn.vic.gov.au)

## Contact Details

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