

Peninsula Health Community Health Older Wiser Lifestyles (OWL) Program

The aim of this program is to offer outreach support, counselling and education about the impact of alcohol and other drugs on health and wellbeing for older adults, aged 55 years and over.

Categories for Appointment

	Clinical description	Timeframe for Appointment
Category 1 - Urgent	Alcohol and other drugs of dependence conditions	Assessment clinician to contact within 48 hours of referral. Appointments within 1-2 weeks
Category 2 - Routine	Alcohol and other drugs of dependence conditions	Assessment clinician to contact within 48 hours of referral. Appointments within 2 weeks
Emergency		Immediate via Emergency Department

Eligibility Criteria

- Live in the Frankston/Mornington Peninsula region or have a strong connection to the area (e.g. working in the area)
- This program is suitable for individuals who are aged 55 years and over and are wanting to reduce the risk of their medication, drug and/or alcohol use

Exclusions

- Under 55 years

Alternative Referral Options

- **FaMDAS** (Frankston and Mornington Peninsula Drug & Alcohol Service) via ACCESS
- **DirectLine** – Alcohol and Other Drug advice and referral info -1800 888 236 (DirectLine provide 4-6 session phone-based counselling for clients who are ineligible for AOD services called “Ready 2 Change”)
- **Family Drug Help Line** 1300 660 068.
- **Family Drug Support** 1300 368 186.
- **Department of Health General Information** About drug treatment services: Alcohol & other drugs services in Victoria - Department of Health, Victoria, Australia

Clinic Information

Referrals via ACCESS Phone: 1300 665 781

- **ACCESS Fax: 9784 2309**
- [ACCESS Referral Form](#)

The OWL program is available at the following sites:

Frankston Community Health

Frankston Integrated Health Centre
Hastings Road
FRANKSTON 3199
Ph: 9784 8100

Hastings Community Health

185 High Street
HASTINGS 3915
Ph: 5971 9100

Rosebud Community Health

38 Braidwood Avenue
ROSEBUD 3939
Ph: 5986 9250

Minimum Referral Information Required

(Please note, cannot be processed if minimum information is missing)

- **Self-referral is usual**