

## Who can I contact?

A referral from your treating GP or neurologist is required for admission.

Please contact ACCESS:

Telephone: 1300 665 781  
Fax: (03) 9787 9954

## For further queries, please call:

Rosebud Community Rehabilitation Centre  
Telephone (03) 5986 3344

OR

Frankston Community Rehabilitation Centre  
Telephone (03) 9783 7288



**Disclaimer:** The information contained in this brochure is intended to support not replace discussion with your doctor or health care professionals.

Print Code: 12589 – October 2013  
Authorising Department: Movement Disorders Program, Rosebud



PENINSULA HEALTH

**Peninsula Health**  
PO Box 52  
Frankston Victoria 3199 Australia  
Telephone 03 9784 7777  
[www.peninsulahealth.org.au](http://www.peninsulahealth.org.au)

SERVICE INTEGRITY COMPASSION RESPECT EXCELLENCE



PENINSULA HEALTH

# Movement Disorders Program



IN PARTNERSHIP,  
Building a  
**Healthy Community**



## Movement Disorders Program

Movement disorders are syndromes where the body's normal movement patterns are changed. There can be too much movement or not enough.

Parkinson's disease is the most common movement disorder, affecting more than 50,000 people in Australia. It is a progressive neurological condition.

Other movement disorders include:

- Progressive Supranuclear Palsy
- Corticobasal degeneration
- Multi-system atrophy

Our service aims to assist people manage these disorders.

## What do we provide?

Movement disorders are best managed by a team of skilled professionals.

All patients seen in the program are assessed by our doctors, who are rehabilitation specialists with experience in movement disorders.

Other members of the team include:

- Physiotherapists
- Occupational Therapists
- Speech Pathologists
- Dietitians
- Social Workers
- Nurses

Other professionals that may be involved include:

- Neuropsychologist
- Continence nurse

## How can we help you?

The Movement Disorders Program offers:

- Treatment and regular reviews by our doctors
- Assessment and treatment from our health professionals
- Groups for exercise and other areas
- Inpatient care in our movement disorders unit
- Communication with your GP or specialists
- Health Promotion and disease management activities

Specific areas that may be addressed include:

- Medications
- Education for patients and caregivers regarding movement disorders.
- Strategy training to address difficulties with day-to-day tasks
- Assessment of the home environment to help overcome problems at home and ensure safety

## Is there a cost involved?

To see our doctors, costs are bulk billed to Medicare so you do not have to pay. You must bring your Medicare card to your visit.

One appointment with our other health professionals costs \$10. If you have more than one appointment in a week, you will pay \$15. This allows you to see all the therapists you require within one week.

There is no charge for DVA gold card holders.

Inpatient program: The program accepts public, private and DVA patients.

## Where are we located?

Rosebud Community Rehabilitation Centre  
1527 Point Nepean Road  
Rosebud West 3940

**OR**

Frankston Community Rehabilitation Centre  
Building 2  
125 Golf Links Road, Frankston 3199.