

3rd July 2025

Dear Peninsula Health NDIS Services Consumer,

We hope you're doing well.

We want to let you know about some changes to how we charge for our Peninsula Health NDIS Services. These changes follow the latest NDIS rules found here: [NDIS Pricing Arrangements and Price Limits](#).

- **Travel time** – charged at half the therapist's hourly rate
- **Physiotherapy rate** – charged at \$183.99 per hour
- **Podiatry rate** – charged at \$188.99 per hour
- **Dietitian rate** – charged at \$188.99 per hour
- **Continence Nursing rate** – charged at \$169.16 per hour
- **Psychosocial Recovery** – charged at \$105.43 per hour

To keep our service running and of a high quality, the following charges will now apply:

- **Travel distance** - \$0.99 per kilometer
- **Time spent getting ready for your session and writing notes afterwards** –charged at therapists hourly rate

To help reduce the costs for you, we will also:

- **Group visits by area** to cut down travel time and allow travel time to be shared
- Use **telehealth** where possible to avoid unnecessary travel

A few more things to know:

- **Travel time** will be charged for up to 30 minutes each way and only at half the usual hourly rate
- **Travel kilometres and time** may be shared with other participants if visits happen in the same area
- **Preparation and note writing** time includes things like checking your goals, planning the session, getting resources ready and writing a summary of the service delivered

Example:

If your therapist's rate is \$183.99/hour:

- 30 minutes of travel time = **\$46.00**
- 20 kilometre round trip = **\$19.80**
- 30 minutes of preparation and note writing = **\$92.00**

These changes follow NDIS rules and will be clearly shown in your invoices.

If you have any questions or want to talk about how this affects your plan, please contact us.

Thank you for your support.

Kind regards



Michelle Bult
NDIS and Disability Manager
Peninsula Health