

Women's Ambulatory Services

Hysteroscopy Clinic

Women's Ambulatory Service – Peninsula Health

Categories for Appointment

	Clinical description	Timeframe for Appointment
Category 1 - Urgent	Suspicion of cancer.	Admission within 30 days is desirable, that has the potential to deteriorate quickly to the point that it might become an emergency
Category 2 – Semi-Urgent	Cancer not suspected Symptoms impacting on quality of life.	Admission within 90 days is desirable due to the clinical condition of the patient.
Emergency	Heavy menstrual bleeding (HMB) with clots, flooding or pain with or without cardiovascular compromise.	Immediate via Emergency Department

Indications for Referral

- Abnormal uterine bleeding including heavy and or persistent intermenstrual or postcoital bleeding.
- Unexplained post menopausal bleeding with or without HRT use.
- Women on Tamoxifen with postmenopausal bleeding.
- Suspected endometrial polyps or submucosal fibroids – diagnosis or treatment.
- Assessment of abnormally thickened endometrium to exclude hyperplasia or cancer.
- Contraception services – retrieval of lost IUD or insertion of previously tried difficult IUD
- Assessment of the endometrial cavity in infertility cases.
- **Referral to service by specialist only**

Eligibility Criteria

- Nulliparous and multiparous.
- Single endometrial polyp or submucosal fibroid < 3cm.
- The woman can tolerate speculum examination.
- No medical contraindications e.g. cardiovascular disease, IHD, i.e. will not tolerate vasovagal episode.
- Difficult retrieval or insertion of IUCD.
- No previous cervical surgery e.g. cone biopsy.
- Woman can fit on examination table (weight < 100kg).

Consider requesting MIRENA IUS insertion at the time of referral to the ambulatory hysteroscopy service if dysfunctional uterine bleeding is suspected as it may prevent the woman having a second

<p>procedure in future. Frankston Hospital does not provide the MIRENA IUS - any patient who wishes to insert a MIRENA during this procedure must bring it with them to the clinic</p>
<p>Exclusions</p>
<ul style="list-style-type: none"> • Suspected cervical stenosis • Multiple endometrial polyps on scan • Single polyp >3cm on scan • Woman unable to tolerate speculum • GP referral – accepting specialist referrals only.
<p>Alternative Referral Options</p>
<ul style="list-style-type: none"> • Patients who are not suitable to be treated as an ambulatory hysteroscopy patient will be referred to the surgical waiting list, to a general anaesthetic list. The referring clinician will be notified of this re-direction of care • GP's can access this service by referring women to a gynaecologist with admitting rights to Peninsula Health
<p>Clinic Information</p>
<ul style="list-style-type: none"> • 12:15 -5 pm, Monday afternoons • Frankston Hospital, Hasting's Road, Frankston. These patients will be admitted ambulatory patients – the procedure is conducted under local anaesthetic, within the outpatients setting. • Elective Surgery Clinical Coordinator(Gynaecology and Obstetrics), Frankston Hospital.
<p>Minimum Referral Information Required</p> <p>(Please note, cannot be processed if minimum information is missing)</p>
<ul style="list-style-type: none"> • Referral must be addressed to a named practitioner Dr Jolyon Ford • Referral must include <i>Peninsula Health Request for Elective Admission Pack</i> (available from Peninsula Health) and to be collected by the referring gynaecologist • Referring practitioner name, provider number and signature. • Date of referral • Referral must clearly state 'Ambulatory Hysteroscopy' in the requested procedure slot • Patient's name, address, date of birth, Medicare number and phone number. • Clinical details and reason for referral. • Relevant medical history • Medications • Allergies • Results of all recent and relevant investigations e.g. pelvic ultrasound in the last 3 months, biopsy reports and letters/correspondence relating to these
<p>Other Information</p>
<ul style="list-style-type: none"> • Patients are to be followed up by the referring clinician • Lab results/procedure information will be directed to the referring clinician and/or a nominated GP post discharge.

- Patients will be asked to organise a follow up appointment with the referring clinician
- CPG available – Management of Abnormal Uterine Bleeding in Outpatients