Information sessions

When: Wednesday 5 June 2013
Where: Academic Centre at Frankston Hospital
Times:
  • 10:00am
  • 2:00pm
  • 7:00pm

Please RSVP on 9784 7732 for catering purposes.

All enquiries
Prospective Graduates are welcome to contact the Continuing Education and Development Unit (CEDU) to discuss the programs further or to organise a facility tour.

Peninsula Health
CEDU
PO Box 52
FRANKSTON VIC 3199
Choosing Peninsula Health

At Peninsula Health, our nurses pride themselves on their skills, expertise and compassion. They take an active role in making what is often a difficult experience, a better experience, for patients and their families. They do this whilst delivering quality, contemporary, nursing practice.

Working at Peninsula Health offers diversity, flexibility and access to a range of postgraduate and professional development opportunities. We understand that our staff lead busy lifestyles and are continuously looking towards more flexible options to make work more manageable.

We provide graduate nurses, nurses re-entering the workforce, and nurses taking part in postgraduate study programs, a supportive work environment and have senior nurse mentors to help encourage and guide their professional journeys.

Peninsula Health welcomes dynamic, expert and compassionate nurses who want to make a positive difference to a patient’s experience. I look forward to supporting you in the privileged role of caring for our community.

Jan Child
Executive Director
Executive Director Rosebud Hospital, Mental Health, Allied Health, Nursing, Community and Continuing Care, Community Participation

General employment

Peninsula Health actively facilitates graduate nurses looking for employment within the network to find ongoing employment.

This process starts during the last of your three rotations. The Continuing Education & Development Unit (CEDU) helps you to liaise with the Nursing Workforce Department and Nurse Unit Managers.

From there it is up to you where you would like your career to take you.

At Peninsula Health there are numerous opportunities to enhance your clinical knowledge and practice. You have the ability to attend study days, courses such as Critical Care Transition Program and the Assessment Series.

The possibility exists for you to advance your career by becoming a Clinical Nurse Specialist, Associate Nurse Unit Manager or Nurse Unit Manager.

With the ever expanding boundaries that nursing has to offer, you never know where you may end up. Why not take that journey with Peninsula Health?

Please discuss your interest of future employment with Nurse Unit Managers or members of CEDU throughout your graduate year.

Searching for nursing positions at Peninsula Health

Peninsula Health advertises available positions on its external website.

To access: Click on the ‘Careers’ tab, followed by ‘Employment Opportunities’ and select ‘Search Vacancies’.

Nurse Bank & Pool: The program comprises of casual Nurse Banks staff or contracted Nurse Pool with guaranteed shifts as per contractual arrangement. Both areas provide nursing staff diversity, with opportunities to work in different areas of the health service. Please contact Peninsula Health’s Recruitment and Training Coordinator, Nursing Workforce Unit on 9788 1432 for any further information.
Graduate program applications

All applicants must be registered in the Computer Match system.

All applications to Peninsula Health must be submitted online between Friday 7 June and midnight on Friday 26 July 2013 at www.peninsulahealth.org.au

All requirements are listed on the ‘How to Apply’ guidelines available online. These include:

1. A one page covering letter
2. A concise resume
3. Two relevant and recent clinical references using the template provided (or the names of two clinical referees for the Mental Health program).
4. Most recent Academic Transcript with key to results.
5. Three relevant and recent clinical appraisal summaries

All applicants will be offered an individual interview providing the above requirements have been met. You will be sent an email inviting you to select an interview date and time using an online system.

Successful applicants will be required to undergo a police criminal records check.

All applicants must meet the Australian Nursing and Midwifery Board English language registration standard prior to Friday 20 September to be considered for the program.

All Nurses/Midwives entering the Graduate Programs must be registered with Australian Health Practitioner Regulation Agency (AHPRA) prior to commencement.

Note—Please ensure you select the correct program/stream.

Who we are

Peninsula Health provides comprehensive health services to meet the needs of residents and visitors to the Mornington Peninsula and surrounding areas. Services and facilities are continually expanding in response to the region’s rapidly growing population.

Peninsula Health comprises 856 beds, including 514 acute, 278 continuing care and 64 mental health across multiple sites.

Acute health provides medical, surgical, obstetric, paediatric and palliative care services, supported by a modern Operating Suite, Intensive and Coronary Care Units and Emergency Department at Frankston Hospital. General medical and surgical and emergency services are provided at Rosebud Hospital.

Mental Health services provide both inpatient and community based psychiatric care. Services include acute care, recovery, longer term care, youth mental health, clinical liaison, primary mental health and rehabilitation within a mental health context.

Community and Continuing Care is the sub acute division of Peninsula Health. It provides dynamic inpatient rehabilitation, geriatric evaluation and management, incorporating outpatient rehabilitation, aged, disability and community based programs. Peninsula Health provides innovative programs for falls prevention, diabetes, continence and dementia.

Maternity services

The Women’s Health Unit caters for women during their pregnancy, birth and postnatal period. Clients are provided with the opportunity to choose their model of care including team midwifery. An Ambulatory Care Clinic is also located within the Women’s Health Unit.

Obstetric and midwifery lead clinics are run within Women’s Services. Childbirth education classes, midwifery home care and a breast feeding support service are also offered.

A Level 2 Special Care Nursery provides facilities for up to 18 babies from 33 weeks gestation onwards.
Graduate Nurses and Midwives awarded for excellence

After completing her graduate year as a Midwife with Peninsula Health, Marnie McDonald is confident she has one of the best jobs in the world.

The 22 year old Frankston resident says that she is living her dream.

“From an early age I always knew I wanted to help bring babies into the world, it’s a pretty good job,” said Marnie.

Along with other Peninsula Health graduate and post graduate Nurses and Midwives, Marnie was recognised for her achievements at an awards ceremony held at Frankston Hospital in late January.

Each year Peninsula Health Nurse Educators and Nurse Managers are invited to nominate graduates who they believe have demonstrated excellence in nursing both clinically and professionally during their graduate year.

Marnie was announced as the inaugural winner of the Midwifery Award of Excellence.

“It is the first time we have given out this award and Marnie is a deserving winner, she embodies and upholds the values of Peninsula Health in everything she does,” said Jan Child, Executive Director of Nursing.

According to Marnie there are many benefits to completing a graduate year with Peninsula Health.

“The staff are so supportive, everyone is really helpful and I think that plays a big part in allowing us to succeed,” said Marnie.

Marnie said that she hopes to stay at Peninsula Health for as long as possible.

Other award winners recognised were: Simone Garner for The Margaret Brazier Award for Outstanding Achievement in Critical Care, Todd Davis for The Mental Health Award for Outstanding Academic Achievement and Andrew Hukin for The Graduate Nurse Award of Excellence.

Post graduate studies

Peninsula Health and the Continuing Education and Development Unit provide a variety of postgraduate courses in collaboration with Monash, Deakin and La Trobe Universities. We offer supported and comprehensive clinical experiences with dedicated Nurse Educators that supplement the theoretical component which is undertaken at your chosen University. You will find the clinical staff at the ward level are also friendly and supportive and in partnership with you and the educators, seek to provide you with the best learning experience so that you can gain the most from your course.

Our Postgraduate courses on offer include:
• Acute Medical/Surgical Nursing
• Cardiac Care
• Critical Care at Monash University , Deakin University and La Trobe University
• Emergency at Monash University , Deakin University and La Trobe University
• Intensive Care at Monash University and La Trobe University
• Mental Health at Monash University
• Midwifery at Monash University and Deakin University
• Peri-operative at Deakin University and La Trobe University

We hold interviews late in the year and advertise this via our employment arm of our website. Scholarships may be available for applicants meeting pre-determined Department of Health criteria. For more specific information about the above courses please contact the relevant University or the Continuing Education and Development Unit.
Sub-Acute
The Peninsula Health Graduate Nurse Program (Sub-acute) is a 52-week program commencing on 3 February 2014. Full time (including ADO) and part-time (8 shifts per fortnight) positions are available. A limited mid year intake is available. Students interested in the mid year intake must apply through Computer Match to be guaranteed a mid year position.

Clinical rotations will include morning and afternoon shifts and in some areas may also include night shifts. Annual leave will be programmed into the clinical rotation. The sub-acute stream is conducted concurrently with the general program. Both streams share the same orientation program, e-learning portal and education days.

With the acuity of patients within the sub-acute areas increasing, graduates will have the opportunity to consolidate both acute and rehabilitation-orientated skills. Graduates within this stream work closely with the allied health team to develop a truly holistic approach to care. There is a strong focus on Person Centred Care that enables Graduate Nurses to truly engage with the patients and their families, creating a more positive experience for the patients and a greater sense of job satisfaction for Graduates.

Through team leading roles and responsibilities, Graduate Nurses develop strong leadership qualities. These roles and responsibilities assist Graduates in developing effective communication, time management and prioritisation skills whilst creating a sense of worth through the inclusive team approach that exists within sub-acute areas.

Clinical rotations
All program members complete three (3) clinical rotations.

A flexible mix of core and elective rotations are available.

Core rotations are in Acute Rehabilitation Units and Continuing Care of the Elderly Units (also known as Geriatric Evaluation & Management GEM).

Elective rotations are available in:
- Acute medical (Frankston and Rosebud Hospitals)
- Palliative Care

Rotations may be at Frankston, Mornington or Rosebud sites.

General Program
The Peninsula Health Graduate Nurse Program is a 52 week program commencing on 3 February 2014. Full time (including ADO) and part time (eight shifts per fortnight) positions are available. A limited mid year intake is available. Students interested in the mid year intake must apply through Computer Match to be guaranteed a mid year position.

Clinical rotations will include morning and afternoon shifts and in some areas may also include night shifts. Annual leave will be programmed into the clinical rotation.

Professional development
A theoretical component (in the format of paid continuing professional development days) is provided. The program content reflects the learning needs of the beginning practitioner. A three day graduate nurse specific Orientation Program is also provided. All Graduate Nurses have access to a dedicated e-Learning page including a communication forum. All Graduates complete three small, clinically-relevant projects.

Throughout the year Graduates will be assisted to develop a Professional Portfolio. The Portfolio will enable the Graduate to demonstrate progress throughout the program, highlight achievements as well as meeting Continuing Professional Development standards for Registration.

Clinical rotations
All program members complete three (3) clinical rotations.

A flexible mix of core and elective rotations are available.

General Stream — Core rotations are in medical/surgical units. Elective rotations are available in:
- Child and Adolescent Unit (Paediatrics)
- Continuing Care of the Aged Patient (Evaluation & Management)
- Coronary Care
- Emergency department
- Intensive Care
- Mental Health (if available)
- Palliative Care
- Perioperative (Operating Suite)
- Rehabilitation
- Special Care Nursery (if available)
**Mental Health**

Mental Health nursing is an interesting and challenging area of nursing practice. It requires a fusion of clinical and interpersonal skills to promote the individual's wellbeing. Clients are aided in their recovery and the capacity to participate in community life.

Mental Health nurses work in a variety of settings, including acute inpatient units, residential and non-residential rehabilitation programs, community based teams including crisis intervention and emergency departments.

**Professional development**
Nurses in this area have access to professional development in the administration of psychiatric medication, ongoing monitoring of clients mental state, psychological therapies and building a therapeutic alliance. All new Graduate Nurses will complete an extended orientation program incorporating all mandatory training and the 'Introduction to Mental Health Course'. Graduate Nurses are well supported and clinical supervision is provided.

**Mental Health clinical rotations**

Six clinical placements:
- Acute adult inpatient
- Acute aged inpatient
- Community care units (rehabilitation)
- Adult community (including acute community, triage and Psychiatric assessment in the Emergency Department - subject to availability)
- Youth Mental Health Service (subject to availability)

Each area of clinical placement is worth credit points towards the Graduate Diploma in Nursing (Mental Health) with Monash University. Objectives and assessments for each area and additional assessments are to be completed to receive the credit points.

The remaining credit points are completed through course work with Monash University. This course must be completed within two years of commencing the graduate year.

**Midwifery**

The program is designed to allow Midwifery Graduates to consolidate their learning within Women's, Children's and Adolescent Health at Frankston Hospital. The program runs over 52 weeks commencing on 3 February 2014 for Bachelor of Midwifery Graduates. Graduate Diploma of Midwifery Graduates will complete a 26 week program. Full-time (including ADO) and part-time (eight shifts per fortnight) positions are available.

**Professional development**
Continuing professional development includes paid study days with a focus on Midwifery specific education including sessions in the Simulation Centre.

**Women's Health Unit inpatient services**
- 9 birthing suites
- 28 postnatal / antenatal beds
- Female medical/surgical patients
- Ambulatory Care Clinic

**Special Care Nursery**
- Accredited Level 2
- 13 -18 cot unit

**Women's services**
- Midwife antenatal Clinic
- Specialty midwives Clinic
- Young women's Clinic
- Mid home care
- Breast feeding support service
- Women's health clinic

**Clinical rotations**
Clinical rotations to the integrated Women's Health Unit will enable Graduate Midwives to gain experience in antenatal, postnatal and birth suite.

A four week rotation to Team Midwifery will offer low risk birthing and a four week rotation to Women’s Services will provide experience in Midwives Clinic.

During the second half of the Graduate Program, an elective rotation of 2 weeks to the Special Care Nursery may be possible.