

Geriatric Medicine Clinic (GMC)

Aims to provide a medical assessment for elderly patients with medical care needs associated with ageing. Patients will be managed in conjunction with their GPs and most patients will be seen on only a few occasions in the clinic.

Categories for Appointment

	Clinical description	Timeframe for Appointment
Category 1 - Urgent	NA	NA
Category 2 - Routine	NA	NA
EMERGENCY	Community Care or Emergency Department.	<p>Community Care (Clinical Response Service)</p> <ul style="list-style-type: none"> • Phone : 9788 1700 • Hours : 0800 – 1800 Monday to Friday / 0900 -1700 Saturday, Sunday and Public Holidays • Provides acute medical management in patient’s own environment as an alternative to ED presentation. • Aim to see patients within 4 hours. Provides an alternative to the Emergency Department for RACF residents for MOST conditions including those requiring relatively simple clinical procedures and assistance with end of life issues.

Eligibility Criteria

- Elderly patients with multiple geriatric and general medical problems living within the Mornington Peninsula Catchment area.

Common appropriate clinical scenarios;

1. Cognitive impairment dementia and memory issues. More “straight forward”/established / suspected dementias of Alzheimer’s Disease type who may be candidates for dementia medications especially with multiple other medical problems would be suitable for GMC
2. Patients with some Falls when often the falls are part of a combination of medical problems and could be suitable for review at GMC
3. Parkinson’s/Movement – The presence of movement disorder in combination with a number of other disorders is not a contraindication to attendance for a GMC.

4. Contenance –contenance issues in the setting of multiple other problems may be suitable for the GMC as may further follow up by Contenance Physician after Contenance investigations .

Exclusions

The GMC is **not established as a full multidisciplinary clinic** and does not seek to displace or usurp the unique role of these clinics. Patients who may best be served by a full formal Multidisciplinary assessment services may be better to be primarily referred to such a specialist multidisciplinary clinic.

In relation to **Cognitive impairment dementia and memory issues**, generally younger patients, those with complex or difficult to diagnosis cognition issues and early dementia and suspected mild cognitive impairment should go to CDAMS clinic for full multidisciplinary assessment

Alternative Referral Options

Patients best served by a full formal Multidisciplinary assessment may be better to be primarily referred to a specialist clinic via ACCESS eg.

- Cognitive, Dementia and Memory Service (CDAMS)
- Falls Clinic
- Movement Disorders Clinic
- Contenance Clinic

Clinic Information

Referrals via ACCESS Mon-Fri: 8:30am-5.00pm

- **ACCESS Phone: 1300 665 781**
- **ACCESS Fax: 9784 2309**
- [ACCESS Referral Form](#)

Clinics occur most afternoons. Every effort is made to book patients in to a clinic at the most suitable location for the patients and family /Carers. Patients are bulk billed and there are no “out of pocket costs” to patients for attendance at clinics

The clinic is offered at the following sites:

- Frankston Community Rehabilitation Centre
125 Golf Links Rd
Frankston 3199
Ph: (03) 9783 7288
- The Mornington Centre
Cnr Tyalla Grove and Separation Street
Mornington

Ph: (03) 5976 9001

Minimum Referral Information Required

(Please note, cannot be processed if minimum information is missing)

- **Referral must be addressed to a named practitioner Dr Anjali Khushu**
- Referring practitioner name, provider number and signature.
- Date of referral
- *Period for which referral is valid (if different to standard referral validity)*
- Patient's name, address, date of birth, Medicare number and phone number.
- Clinical details and reason for referral.
- Relevant medical history
- Medications
- Allergies
- Results of all recent and relevant investigations