

UR NUMBER .....

SURNAME .....

GIVEN NAMES .....

DATE OF BIRTH .....

Please fill in if no Patient Label available App.29/3/2023 Print Code:18271

### G 8 QUESTIONNAIRE

- 8 Questions
- Takes 5-10 mins to perform
  - Appetite, weight loss, BMI
  - Mobility
  - Mood and cognition
  - Number of medications
  - Patient-related health
  - Aged Categories
- Nurse administered
- Abnormal if score ≤ 14
  - Preliminary analysis
  - Sensitivity: 89.6%
  - Specificity: 60.4%



	Items	Possible answers	Score
<b>A</b>	<b>Has food intake declined over the past 3 months due to loss of appetite, digestive problems, or chewing or swallowing difficulties?</b>	<b>0:</b> severe decrease in food intake <b>1:</b> moderate decrease in food intake <b>2:</b> no decrease in food intake	.....
<b>B</b>	<b>Weight loss during the last 3 months</b>	<b>0:</b> weight loss >3kg <b>1:</b> does not know <b>2:</b> weight loss between 1 and 3kg <b>3:</b> no weight loss	.....
<b>C</b>	<b>Mobility</b>	<b>0:</b> bed/chair bound <b>1:</b> able to get out of bed/chair but does not go out <b>2:</b> goes out	.....
<b>E</b>	<b>Neuropsychological problems</b>	<b>0:</b> severe dementia or depression <b>1:</b> mild dementia or depression <b>2:</b> no psychological problems	.....
<b>F</b>	<b>Body Mass Index (BMI)</b>	<b>0:</b> BMI < 18.5 <b>1:</b> BMI = 18.5 to BMI <21 <b>2:</b> BMI = 21 to BMI < 23 <b>3:</b> BMI = 23 and > 23	.....
<b>H</b>	<b>Takes more than 3 prescription drugs per day</b>	<b>0:</b> Yes <b>1:</b> No	.....
<b>P</b>	<b>In comparison with other people of the same age, how do they consider their health status?</b>	<b>0:</b> not as good <b>0.5:</b> does not know <b>1:</b> as good <b>2:</b> better	.....
	<b>Age</b>	<b>0:</b> > 85 yr <b>1:</b> 80-85 yr <b>2:</b> < 80 yr	.....
	<b>Total score (0-17)</b> <b>[Cut-off ≤ 14 indicating impairment]</b>		.....

(C) The G8 Screening Questionnaire , BMI = body mass index. Courtesy of Marie E. Wood, MD. Adapted from Soubeyran P, et al.

..... Signature ..... Print Name ..... Designation ..... Date ..... Time .....