

Dupuytren's Contracture Clinic

Hand surgery clinic for Dupuytren's contracture with emphasis on non-surgical treatment earlier in the disease process.

Categories for Appointment

	Clinical description	Timeframe for Appointment
Category 1 - Urgent	Not applicable	Not applicable
Category 2 - Routine		Short waiting times
Emergency	Not applicable	Not applicable

Eligibility Criteria

Patients with Early and Late disease can be referred to the clinic where they can then be assessed for either the Collagenase treatment or referred to the theatre wait list.

Xiaflex (Collagenase Clostridium Histolyticum) is a non-surgical, minimally-invasive option which reduces trauma, scarring and patient recovery times associated with surgery and allows earlier treatment.

The treatment process consists of the following steps:

- Step 1: Consultation, assessment and informed consent of the patient
- Step 2: Injection of Xiaflex (Collagenase Clostridium Histolyticum) directly into the cord of the affected joint.
- Step 3: Manipulation of the affected joint approximately 7 days later using local anaesthetic. Rupturing of the cord generally occurs after gentle extension; decreasing contracture and allowing for greater range of motion in the joint.
- Step 4: Patient attends Hand Occupational Therapy following manipulation
- Step 5: Review at week 3 and week 6.

Exclusions

Not in in Peninsula Health catchment area

Alternative Referral Options

Private Hand surgeons

Clinic Information

- The hand Therapy appointment is on a Thursday morning in Outpatients Area 3 .
- The manipulation (Fasciotomy) is done in the Infusion Centre on a Wednesday. The patient is admitted at 11:30 for approximately 2 hours
- Fax referral to 9784 2666
Phone 97842600

Minimum Referral Information Required (Please note, cannot be processed if minimum information is missing)
Referral must be addressed to A/Prof David Hunter-Smith <ul style="list-style-type: none"> • Referring practitioner name, provider number and signature. • Date of referral • <i>Period for which referral is valid (if different to standard referral validity)</i> • Patient's name, address, date of birth, Medicare number and phone number. • Clinical details and reason for referral. • Relevant medical history • Medications • Allergies • Results of all recent and relevant investigations
Other Information
<ul style="list-style-type: none"> • Patient Information