

**Community Health DESMOND Type 2 Group Education**  
**Community based diabetes education and care for type 2 diabetes**

Categories for Appointment

**D.E.S.M.O.N.D: Diabetes Education and Self-Management for Ongoing and Newly Diagnosed Diabetes Type 2.**

A full day course in Diabetes Management. Non urgent referrals only.

Eligibility Criteria

All newly or recently within 12 months Diagnosed Type 2 Diabetes

Exclusions

Clients who have pre-existing complications an long standing diabetes  
 Clients requiring insulin stabilisation  
 Type 1 Children, GMD and young adults

Alternative Referral Options

Individual consultations avail for those whom group work in not suitable

Clinic Information

**Diabetes Education services offer self-management education and support to people with diabetes. Programs are delivered by a single full day workshop together with an individual appointment for assessment and care planning by either the dietitian or Diabetes Nurse Educator. Clients will learn about the treatment options for diabetes, the importance of lifestyle interventions and be offered home blood glucose monitoring education.**

The group session is an interactive education workshop aimed at newly diagnosed clients and those with diabetes up to 12 months since diagnosis, but can be offered to people who have not had education in the past.

Minimum Referral Information Required

**ALL REFERRALS TO ACCESS 1300 665 781**

- Clients are able to self-refer
- Referring practitioner name, provider number and signature.
- Date of referral
- Patient's name, address, date of birth, Medicare number and phone number.
- Clinical details and reason for referral.
- Relevant medical history
- Medications & Allergies
- Results of all recent and relevant investigations

Other Information



Flyer for GP's -  
 Peninsula health Vic.p

CLICK ON PIC FOR CONTACT DETAILS