

## Service

- 7 days week service
- No age limits
- Individualised care plans developed to suit your health needs
- GLBTIQ friendly
- Interpreter service is available and can be arranged

## Cost

- Services provided by Community Care are usually free. However, sometimes you may be asked to contribute towards the cost of services you receive.

## Who can I contact?

If you have any questions, please call  
**9788 1700**

### Email:

CommunityCareEnquiry@phcn.vic.gov.au

Alternatively, your GP or health care professional can phone and discuss your needs with us.

Peninsula Health Community Health acknowledges the support of the Victorian Government

Funded by the Australian Government Department of Health. Visit the Department of Health website ([www.health.gov.au](http://www.health.gov.au)) for more information. Disclaimer: Although funding for some of Peninsula Health Community Health Services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government

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Disclaimer: The information contained in the brochure is intended to support, not replace, discussion with your doctor or health care professionals.

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## Community Care

Helping you recover at home  
after your hospital stay

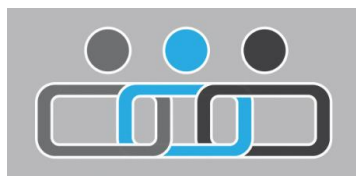


## What is Community Care?

- Flexible medical, pharmaceutical, allied health and nursing services provided in the right place, at the right time.
- Supports people living with chronic disease, disabilities and their carers.
- Provides flexible access to health care support without the need to attend the hospital or emergency departments.
- Promotes health independence through patient-centred approach and equity of access to services.
- Clinical and therapeutic services including doctors, pharmacists, nurses including respiratory and cardiac, occupational therapists, physiotherapists, pharmacists, dietitians, and social workers.
- Brings services, supports and care to the clients where appropriate.
- Supports strong links between the hospital and the community.

## What we can provide...

- Aboriginal health and support
- Support to Residential Aged Care Facilities with medical assessment and management, catheter complications, PEG management, wound management and assisting with End of Life issues.
- Where necessary, face-to-face consultations with doctors, nurses, physiotherapists, occupational therapists, dietitians and pharmacists at home.
- Facilitate hospital discharge appointments.
- Access and linkage to various hospital clinics and groups.
- Access to aids and equipment where appropriate.
- Development of Advance Care Plans.
- Medication screening and review.
- Nursing care at home post discharge if required.



## How we can help you...

- Support with navigating health and community services on your behalf.
- We will always attempt to communicate with your regular health provider
- The allied health and nursing team provide treatment according to your needs and arrange ongoing supports.

