Peninsula Health Community Health
Children’s Services – Physiotherapy

The aim of this service is to provide physiotherapy services for children from birth to up to school entry.

<table>
<thead>
<tr>
<th>Categories for Appointment</th>
<th>Clinical description</th>
<th>Timeframe for Appointment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category 1 - Urgent</td>
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<td>• 0-6 months – all conditions.</td>
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<td></td>
<td>• Have a flat spot on their head (plagiocephaly)</td>
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<td>• Turn their head in one direction only (torticollis)</td>
<td>Within 3 weeks</td>
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<td>• Low tone floppy baby (eg not able to weight bear on arms or legs)</td>
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<td>• High tone/stiff body, pushing back</td>
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<tr>
<td>Category 2 - Routine</td>
<td>• Other conditions for children up to school entry</td>
<td>Variable</td>
</tr>
<tr>
<td>Emergency</td>
<td>N/A</td>
<td>Immediate via Emergency Department</td>
</tr>
</tbody>
</table>

Eligibility Criteria

- Children not yet at school

Exclusions

This service is not suitable for individuals who:

- Have started school or are due to start school in the following year and it is past May 31st at intake
- Requiring rehabilitation services (eg. post-operative, gait re-education after broken leg or monitoring of children with chronic juvenile arthritis)
- Are already accessing another service
- Have experienced a recent, sudden or unexplained loss of movement or developed a lop-sided (asymmetrical) appearance, or sudden change in muscle tone (floppy or very tight)
- Require current treatment for hip problems DDH (Developmental Dysplasia of the Hip)
- Have severe difficulties or complex developmental issues
- Have autism
- Have an intellectual disability
- Have been diagnosed with:
  - Cerebral palsy
  - Deafness/ Hearing impairment
  - Blindness / Sight impairment
  - Down Syndrome, including mosaic Down Syndrome
  - Fragile X Syndrome with full mutation
  - Prader-Willi Syndrome
  - Williams Syndrome
  - Angelman Syndrome
  - Kabuki Syndrome
  - Smith-Magenis Syndrome
  - CHARGE Syndrome
  - Cornelia de Lange Syndrome
  - Rett’s Disorder
  - Cri du Chat Syndrome
  - Microcephaly

### Alternative Referral Options

- **Private Services**
- **ECIS** – Early Childhood Intervention Service for children with complex developmental needs birth to school age 1300 720 151

### Clinic Information

Referrals via ACCESS Mon-Fri 08:30 -17:00

- **ACCESS Phone: 1300 665 781**
- **ACCESS Fax: 9784 2309**
- **ACCESS Referral Form**

The service is available at the following Peninsula Health sites:

**Frankston Community Health**
Frankston Integrated Health Centre
Hastings Road
FRANKSTON 3199
Ph: 9784 8100

**Rosebud Community Health**
38 Braidwood Avenue
## Minimum Referral Information Required
(Please note, cannot be processed if minimum information is missing)

- Referring practitioner name, provider number and signature.
- Date of referral
- Period for which referral is valid (if different to standard referral validity)
- Patient’s name, address, date of birth, Medicare number and phone number.
- Clinical details and reason for referral.
- Relevant medical history
- Medications
- Allergies
- Results of all recent and relevant investigations

## Other Information

### Australian Physiotherapy Association

Phone: 1300 306 622

### Monash Health

**Paediatric Physiotherapy - Monash Health**
Ph: 9792 7747

### Central Bayside Community Health – sites at Chelsea, Parkdale and Clarinda

**Central Bayside Community Health Services**
Ph: 8587 0200