IN THIS ISSUE

Ageing positively
– ageing well on the Peninsula

Frankston Hospital Stage 3
– take a look inside

Open Access Meeting
– make a difference to your health service

Audiology Service marches to a new beat
Ageing positively is the theme of this issue of Peninsula Pulse. We have planned for the future and already offer tailored facilities and programs for our growing population of older residents. I hope you will enjoy reading about them and about the major expansion of our Mornington Centre for Aged Care. It will gain 30 more beds and the new facilities will help to deliver better service options. Some of our excellent Community Health programs specifically designed for older people, recreation and keeping fit are also featured.

Over the next two years we will be investing more than $100 million in new buildings and facilities. Frankston Hospital Stage 3 will include 92 new beds. It will have three new wards and a new emergency department. New wards and a new emergency department means that Frankston Hospital will be able to take care of a greater number of patients, ensure better patient flow and reduce waiting times.

There are also stories on the Peninsula Perinatal Mental Health Partnership which recently received a major award and our Koori Services Team who had great success at this year’s BayMob Health and Education Expo.

I would also like to take this opportunity to invite you to an event that will enable you to contribute to the building a healthier community in Frankston and on the Peninsula. An Open Access meeting is being held on 6 December to discuss our Strategic Plan for the future. All are welcome and further details can be found on page 7.

There are more than 40,000 people aged 70 and over in Frankston and on the Mornington Peninsula and this number is expected to grow. This is currently the highest proportion of older people in a local municipal area in the entire state.

The Australian population is ageing, and healthy ageing is an important factor for health services when looking to the future. When older people become unwell it affects both the person experiencing these changes, and their relatives. The journey towards recovery after illness may also be accompanied by changes in wellbeing. A full return to a person’s former way of life is often not possible.

Through a model of care that promotes restorative and rehabilitative care, our older community members can continue to live in an environment that supports them in the later years of their life.
The Mornington Centre for Rehabilitation and Aged Care is designed to help patients recovering from illness maximise their abilities and return to as much of a normal life as possible.

“The Mornington Centre provides a full range of specialist medical, nursing and allied health services for older people with complex or multiple health care conditions associated with ageing, memory and thinking problems, chronic illness or disability,” said Robin Digby, Mornington Centre Principal Nurse and Stage 2 Development Clinical Liaison Officer.

“The Mornington Centre wants to promote health independence for older people in our community,” said Ms Digby.

A $25 million expansion of the Mornington Centre is currently underway. It will increase service options for older people on the Mornington Peninsula.

The new Geriatric Evaluation and Management Unit will add 30 new beds, making the Mornington Centre a 90-bed facility.

A new Integrated Ambulatory Care Centre (IACC) will bring additional services to the Mornington Centre. The IACC will include a large gym to service the needs of inpatients and community clients.

Consulting rooms will be shared by specialist clinics such as Cognitive, Assessment and Dementia Management Services, Continence, Falls Prevention and others. There will also be a therapy garden onto which the gym and therapy room will open. The garden will be used mainly for mobility training and provide opportunities for patients to practise mobility skills on a range of surfaces.

Part of planning for the future, and a focus at the Mornington Centre, is restorative care. This is aimed at improving function and wellbeing for patients and involves a number of therapies, all which help the journey towards recovery.

During each patient’s rehabilitation, planning for the future is a major focus. This process involves meeting with each patient and their family/carers to discuss what has been achieved during their care at the Mornington Centre and how a healthy lifestyle can be maintained in the future.
Ageing positively has never been easier in Frankston and on the Mornington Peninsula. Peninsula Health’s Community Health Service smooths the way by offering services designed for older adults to stay healthy and active.

Community Health provides community members with access to a broad range of activities and services including exercise and fitness, ageing positively, counselling, education on topics such as nutrition, diabetes and other health issues that often affect the older community, and the Older Wiser Lifestyles program.

Some of the Service’s most regularly attended older adult groups are the Planned Activity Groups which are run every week from Mornington, Hastings and Rosebud Community Health Centres.

Kay Wrangles, Planned Activity Group Team Leader, explains: “The planned activity groups give older adults the opportunity to come together, interact and socialise with each other.”

“A number of groups for different members of our community are offered at different sites. The groups are aimed at older adults who are socially isolated, have early stage or full onset dementia, or have an acquired brain injury,” said Ms Wrangles.

“We offer a whole range of activities and services for the participants.

“The groups go on a lot of outings and undertake projects, as well as attending information and education sessions on things like nutrition and cooking.

“We even have our own kitchen garden where participants grow their own produce and then learn how to prepare it,” said Ms Wrangles.

Community Health is continuing to expand its services to offer more programs in the future.

Iain Edwards, Community Health Director of Chronic Disease and Aged Services, said: “Having regular and accessible community based services is integral to maintaining a healthy and active older community.”

“The extensive number of services and programs we offer the older community cover almost everything you could imagine, from weekly exercise and Tai Chi classes to activity groups and education on medication use and alcohol.

“If you’re an older person and want to be more active in a friendly community based setting, I recommend getting in touch with one of our many groups,” said Mr Edwards.

For a full list of Community Health services contact 1300 665 781 and ask for a Groups and Activities Booklet. Or visit www.peninsulahealth.org.au and follow the links to the Community Health page.
Zoya Cole, a 67 year old Rye resident, has persevered to keep a healthy and active lifestyle whilst overcoming some very big obstacles.

Zoya first joined the Agestrong Program four years ago after hearing about it from a friend. She now attends two Agestrong classes each week at the Rye Agestrong group, as well as three other community based exercise groups.

This year saw Agestrong celebrate its tenth birthday. As part of the celebrations five participants, one of whom was Zoya, were voted ‘Most Inspirational’ by their Agestrong peers.

In the past two years Zoya has hit a few bumps in the road when it has come to her own health and her family’s. After undergoing back surgery for a chronic condition in 2011, Zoya discovered that she had breast cancer.

"After my first back operation I was told I needed another one, but then we found out that I had breast cancer so I had to wait for the surgery whilst I underwent radiation treatment," said Zoya.

"Luckily, the cancer was caught early so I was able to make a full recovery."

Whilst Zoya was undergoing her own health problems she also had those of her husband and mother to think about.

"My mother also had breast cancer and ended up losing her fight, and my husband had a quadruple bypass."

"Losing mum was very hard and I've been through a lot, but it's never got me down," said Zoya.

Keeping her fitness up was one of the things that Zoya was most determined to do throughout all her health troubles. It was because of this natural determination that she was so surprised when she found out she was nominated for an award by her peers.

"It came to me as such a shock that I actually started crying," said Zoya.

"I asked them why because I couldn't think of anything special I'd done."

"They said it was because they saw what I had gone through and that I'd still hung in there through all of it."

"Keeping fit, healthy and active is really important to me as well as maintaining the great friendships I've formed," said Zoya.

The Agestrong Program is another highly popular activity group for older adults run in partnership by Peninsula Health, Frankston City Council and Mornington Peninsula Shire. The program runs 50 strength training exercise groups across 17 venues in Frankston and the Mornington Peninsula and promotes strength, balance and a healthy active lifestyle.

If you are interested in finding more out about the Agestrong Program please call 1300 665 781.
Keep healthy and reduce falls

As people get older, natural physical changes start to occur that can impact on their physical abilities and the way they live their lives. One of the most common causes of unintentional injury among older adults is falls, but this can easily be prevented with some simple steps.

The Peninsula Health Falls Prevention Service plays a vital role in helping the older community live a healthy active life and reduce the risk of having a fall.

Vicki Davies, Falls Prevention Service Manager, says that the role of the service is to raise awareness through education about the risk of falls and to promote and encourage healthy ageing.

“It is estimated that one in three people aged 65 years and older will have at least one fall per year. Having a fall can have a very large impact on the health and wellbeing of older adults,” said Ms Davies.

“Our team is very active in providing education to staff and patients on how falls can be prevented at our sites as well as in patients’ homes.

“We also work closely with community groups outside of Peninsula Health to provide education to members of our community, so that they are also aware of the possible risk of an injury-related fall as they get older,” said Ms Davies.

Preventing falls is a key element in living healthy as you get older. For more information on preventing your risk of falls or to speak to one of our Falls Team call 9788 1260.

Looking after your mind

When it comes to ageing positively, taking care of your mental health is just as important as looking after your physical health.

Providing care for older members of our community, the Peninsula Health Aged Persons Mental Health Team offers a range of services to support and treat members of the community who experience mental illness.

The multi-disciplinary team is made up of psychiatrists, mental health nurses, occupational therapists, social workers and a neuropsychologist.

They provide clients with a full set of mental health care services.

“The team endeavours to help community members age as positively as they can by offering clinical services as well as community based services,” says Allan Carlow, Program Manager of the Aged Persons Mental Health Team.

“Our service is about providing the best and most suitable care for the community. We offer psychiatric assessment and treatment of major aged related mental illnesses as well as non-aged related ones.

We run groups such as a positive living group, refer to community based rehabilitation groups, and provide support and education for families, carers and aged care staff.

“For our team, the care we give is not only about helping people get better, it’s also about being able to live a fuller life in their older years,” said Mr Carlow.

In 2011 the Intensive Community Treatment Team was formed to provide care to patients in their own homes rather than in an inpatient setting. The service provides an alternative to admission to the aged acute psychiatric inpatient unit. This is done by either preventing admission or reducing the length of admission.
10 Top Tips for living fall free

The Peninsula Health Falls Prevention Team’s 10 tips to improve your health and wellbeing and living fall free

1. Be aware of your health conditions
   Have regular check-ups with your doctor and be fully aware of your health conditions and your physical limitations.

2. Keep up your physical activity
   Keeping up your physical activity helps increase balance and strengthen muscles which in turn can reduce falls. Physical activity can also reduce blood pressure, reduce blood sugar, reduce weight, increase bone strength, and increase energy.

3. Wear the right footwear
   As we get older our feet can change due to pain, swelling and loss of feeling. This can alter the way we walk and affect our balance. Suitable footwear is low, comfortable, firm fitting and flat.

4. Get your vision checked
   Good vision can prevent a fall. By age 65 we need three times more light to see than at age 20. Regular checks with an optometrist are recommended, not only to check the quality of your vision but also ensure that your glasses prescription (if you have them) is correct.

5. Know the effects of medications
   Some medications can cause drowsiness, dizziness, confusion and unsteadiness. Talking to your doctor and pharmacist and knowing about your medication and its side effects is important.

6. Know how your walking and balance has changed
   Changes in walking and balance can happen as your body undergoes the physical changes that come with age. Keep physically active every day, use a walking aid (if necessary) as recommended, and be aware of your physical limitations.

7. Eat healthily
   Enjoying a wide variety of nutritious and healthy foods is very important for healthy ageing and can assist in maintaining health and independence. Foods which are high in Calcium and Vitamin D are very important for increasing bone strength and density.

8. Continence
   Incontinence (loss of bowel bladder control) may contribute to the risk of a fall. Wet surfaces, rushing to the toilet, and difficulty managing clothing may lead to a fall. Staying active, drinking plenty of water and a high fibre diet can aid in reducing the risk of falls related to toileting and personal hygiene.

9. Daily activities
   By planning your day and prioritising your tasks, you will get the most out of your time. Spread tasks out over a longer period of time and sit down during tasks to help conserve energy so that you are able to achieve what is important to you.

10. Know your environment
    Indoors: 60 per cent of falls happen in and around the home. Simple solutions to make your home safer include rearranging furniture and removing objects to create clear pathways, wiping up spills, removing trip hazards and ensuring that your bed and chairs are a suitable height.

    Outdoors: The outside environment is a lot more unpredictable than indoors. When you’re out and about, take care with steps, kerbs and uneven footpaths and be aware of any other potential hazards.

by enabling patients to return home earlier with increased support.

“We have found that treating and providing intensive support to clients in their own home can often help in the progress of their treatment, as they are in familiar and comfortable surroundings,” said Mr Carlow.

“Being treated in a home setting is important for our clients’ wellbeing and overall recovery.”

The Aged Persons Mental Health Team, along with many other age-specific services provided by Peninsula Health, plays a primary role in supporting and helping the members of our aged community live healthily and age positively.
Ageing Well Expo

The seventh annual Ageing Well Expo held in October saw more than 1200 people attend to find out more about key services and programs in Frankston and on the Mornington Peninsula as well as the lighter side of ageing.

The day was kick started with a performance by the Victoria Police Pipe Band, followed by guest speaker Ms Beth Wilson, Victorian Health Services Commissioner.

Ms Wilson delighted the crowd with comedic stories of her experiences during her 15 years as Health Services Commissioner.

Peninsula Health’s strength and balance program Agestrong also celebrated its 10th birthday. As part of the celebration five Agestrong attendees were recognised as ‘Most Inspirational’ by their peers. In addition, attendees were treated to an Agestrong exercise demonstration to show the type of exercises done in class.

Displays and activities on the day featured information about keeping active and involved, living confidently, getting around, the environment and looking after your health. With over 60 stalls, interests of every shape and type were covered.

Karyn Seymour, Expo Coordinator, said: ‘This year’s event was our most popular yet. We had more stall holders and attendees than ever before and it’s just going to keep on getting bigger.”

Held in partnership with the Mornington Peninsula Shire, National Seniors Australia and Frankston City Council, the annual Ageing Well Expo event was held as part of the National Seniors Week celebrations.

For more information on Ageing Well activities, the Agestrong Network or to be part of next year’s event, contact Karyn Seymour on 9784 8320.
Bright and breezy look for new wards

Light and bright is the feel that the new 88 bed wing of Frankston Hospital will have once completed.

The new building, which will contain two 30 bed wards and one 28 bed ward, has been designed so that light and space play a key role.

“We want patients to have the most comfortable stay in a welcoming and pleasant environment,” said Simon Brewin, Executive Director Planning, Infrastructure and Information Technology.

The four storey building will house each ward on its own floor and will have a central atrium running down the middle, and large north facing windows at corridor ends so that natural light will be dispersed throughout the ward space.

Patients staying on the wards will also have comfortable new rooms with new facilities and, in some cases, views of the bay.

“The building design aims to deliver contemporary and innovative working spaces for staff to deliver the highest standards of care in an attractive and comfortable environment for patients” said Mr Brewin.

“The abundance of natural lighting combined with the crispness of modern design will create a positive, clean and airy space for our patients to recover, as well as being an attractive and welcoming place for visitors to see their loved ones,” said Mr Brewin.

In addition to the new wards a new state of the art Emergency Department is being built as part of the new complex.

Located underneath the new wards the new department will contain 49 general treatment cubicles, four treatment areas, an additional 28 specialised beds, and specialist treatment rooms and consultation areas.

The new department will also have brand new state of the art facilities and will ensure better patient flow and shorter waiting times.

Dr Sherene Devanesen, Peninsula Health Chief Executive, said: “Frankston Hospital already has one of the busiest emergency departments in the State. The new emergency department will be able to better handle the emergency needs of our growing population in the longer term.”

As part of the Stage 3 redevelopment the Intensive Care Unit will also receive two new beds, and Special Care Nursery will receive two new cots.

Main construction on the three new wards and the new emergency department is scheduled to commence in early 2013.
On 6 December a public meeting is being held to seek input from the community for one of the most important activities Peninsula Health undertakes as an organisation – the development of our five year Strategic Plan.

The Strategic Plan sets the direction and way in which we intend to achieve the Victorian Government’s priorities for health, within the budget available to us, over the next five years.

Our overall goal is to work with our partners in developing a healthy community. Our strategic plan for 2013-17 will aim to establish some new goals and strategies. There will be a strong focus on delivering person centred care.

“It is important to Peninsula Health to include our community in this process. After all, it is the community who use our services, and they can help us better understand the way they can be improved and better accessed,” says Dr Sherene Devanesen, Peninsula Health Chief Executive.

“The meeting on 6 December will also be an opportunity for our community to learn more about what we do, how we do it, and help us plan for the future,” said Dr Devanesen.

Please come along and join our Board, stakeholders and staff to be a part of our future as we establish our goals and strategies for 2013-2017.

The public meeting is being held as an Open Access meeting of the Primary Care and Population Health Committee. Any member of the public is welcome to come and contribute to the future direction of Peninsula Health and their community.

When: 6 December - 2pm - 4pm
Where: Frankston Arts Centre Light refreshments will be provided.
Boon wurrung Elder Aunty Carolyn Briggs, honoured nationally as Elder of the Year in the 2011 NAIDOC awards, opened proceedings with a Welcome to Country which was accompanied by a traditional smoking ceremony. With at least 50 stalls, there was a wide range of activities and information from health, wellbeing and education services, including Monash University Indigenous programs supporting Aboriginal students through tertiary education.

Peter Dawson, Manager of Connecting Communities at Peninsula Health, explained “The BayMob Expo is an opportunity for all the community to enjoy cultural connections and appreciation of Aboriginal & Torres Strait Islander culture and find out more about the services and education options available on the Peninsula.”

Professor Leon Piterman, Monash University Pro Vice-Chancellor (Berwick and Peninsula), was one of the key speakers who welcomed people to the Expo. He highlighted the current under-representation of Indigenous students at university, and encouraged young Indigenous people to aim high when considering their post-secondary school options.

A performance by Nola Lauch, niece of famous musician Archie Roach, as well as a petting zoo and the Frankston City Council Youth ‘What’ truck added to the fun. In the afternoon younger participants took to the hockey fields taking part in traditional Indigenous games and other sports.

Other highlights of the day included Marcus Pedro leading a ‘must join in’ Indigenous fitness class. Marcus, from Thursday Island, is known for his motivational speaking and community work. His dance and fitness programs are conducted across Australia. Tai Chi provided peaceful exercise during the afternoon taught by Master Han Jin Song, founder of Tai Chi Australia.

Peninsula Health Koori Services team worked hard behind the scenes supported by Monash University, Bunurong Health Service and the Building Strong Aboriginal Youth project to make this event a success.
Mental Health Partnership wins national award

Nationally, one in four women will experience or be at risk of developing mental health problems during and post-pregnancy according to current research by beyondblue.

The group’s Perinatal Mental Health Project is currently leading the way in addressing the gaps in identifying and supporting women who are at risk of mental health problems during and after pregnancy.

Practices implemented to address these gaps include:

• routine screening of women in the perinatal period for potential mental health problems
• training of health professionals
• implementation of specific referral tools and resources for support services
• GP linkage service for women without a GP.

Dr Priscilla Yardley, Head of Psychology at Peninsula Health and Chair of the Partnership said: “Since the project started women who once may not have been identified or identified much later on, are now being picked up and supported earlier.”

“The Partnership Group is a joint venture between Peninsula Health, The Peninsula General Practice Network (and Medicare Local from July 2012), the Frankston City Council and Mornington Peninsula Shire Maternal Child Health Services.

Through the partnership’s early identification program we have been able to identify and support up to 15 per cent of women who use antenatal and postnatal services in Frankston and on the Mornington Peninsula. This means that we are identifying the expected national rate and helping those who may be at risk of mental health problems earlier through a fully supported network,” said Dr Yardley.

The hard work of these three organisations dedicated to the prevention of antenatal and postnatal depression was recognised this month at the Australian and New Zealand Mental Health Service Conference Achievement Awards held in Cairns.

The Peninsula Perinatal Mental Health Partnership Group received the Gold Award in the Mental Health Promotion or Mental Illness Prevention or Project Category.

Dr Yardley said that receiving the award was a great honour: “It’s fantastic to have the hard work of our team recognised. We have worked collaboratively to develop and implement changes to the health services across Frankston and the Mornington Peninsula to help women who otherwise may not have had the psychological and/or social support they require.”

The Achievement Awards are presented every year by the Mental Health Services Conference of Australia and New Zealand (TheMHS) to recognise and encourage best practice, excellence and innovation in mental health service delivery.

TheMHS Conference is the largest mental health and addiction service conference in Australia, New Zealand and the Pacific. It aims to promote positive attitudes about mental health and mental illness, and to stimulate debate that challenges the boundaries of knowledge and ideas about mental health care.
Meet Priscilla Yardley, the Head of Psychology at Peninsula Health and the Chair of the Perinatal Mental Health Partnership.

**Can you describe your role?**
I wear a few hats which gives me the opportunity to take on challenges, think creatively and work with amazing teams of people. I provide governance for all the psychologists and neuropsychologists working at Peninsula Health and I work closely with our Allied Health services to ensure high standards for our disciplines. I coordinate the psychological services within the mental health service and have an educational and consultation role. I also work closely with GPs in providing a coordinated approach to client care in my primary mental health role.

**Why psychology?**
I started in psychology when I had young children because I found it fascinating to learn about human development. I specialised in Clinical Psychology because I had the desire to help people affected by mental health problems.

**How long have you been with Peninsula Health?**
I have been working at Peninsula Health for 10 years. I started as a mental health clinician working in our Community Mental Health Service and became Senior Psychologist in 2005. In 2009 I was appointed Head of Psychology.

**Is Perinatal Mental Health something close to your heart? And what prompted you to form the partnership?**
Perinatal Mental Health is close to my heart because I find it heartbreaking that mental health problems such as depression and anxiety can impact so severely on women and their families, often with long-term effects. Peninsula Health’s Director of Psychiatry, Associate Professor Sean Jespersen, Jo Gill a mental health clinician with a midwifery background, and Campbell Rule, Care in Your Community Project Manager and I identified the need to ensure that more support was available to women and their families. What prompted the partnership was the recognition that we could only make real improvements in supporting women if all organisations involved in perinatal care started to work together.

**Where do you see yourself/this project in the future?**
The Perinatal Mental Health project is an ongoing partnership. The improvements are maintained by the managers of each organisation involved in the project and require ongoing education and review. I will continue to be involved in the project, but I am developing and implementing other projects and partnerships that will hopefully keep bridging the gaps in services and provide support to clients.

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New multi-storey car park soon to be in business

After much anticipation the first stage of the new multi-storey car park at Frankston Hospital is expected to open at the end of November.

The new structure contains 240 car parks with another 328 to be added once the second stage is complete. “Once construction on the new complex is complete Frankston Hospital will have close to 1500 car spaces available to visitors, patients and staff, creating greater traffic flow and accessibility to the site,” said Simon Brewin, Executive Director Planning, Infrastructure and Information Technology.

“The new complex should see a reduction in parking challenges that previously occurred at Frankston Hospital during peak times,” says Mr Brewin.

The second stage will commence with the entire project expected to be completed by May 2013.
Pink ladies deliver this spring

Our lovely Frankston Hospital Pink Ladies Auxiliary are in full bloom this spring following their latest $400,000 donation to Frankston Hospital.

On 3 September the ladies held their Annual General Meeting at St Francis Xavier Hall in Frankston where the donation was presented to Mr Brendon Gardner, Executive Director Frankston Hospital.

This year’s donation brings the Pink Ladies total to $6,857,775 since the auxiliary’s inception in 1968.

The Pinkies operate the kiosk in the foyer of Frankston Hospital, sell toiletry items, magazines and newspapers to patients in the wards, and make the best sandwiches in Frankston.

This year’s donation is the equivalent to selling 80,000 sandwiches or 114,285 coffees, working out to nearly 1,140 coffees made by each volunteer alone.

“The Pinkies are a credit to Frankston Hospital. Not only do they support us through their donations but they also provide a great point of call for our patients and visitors. They always have a warm smile on their faces,” said Mr Gardner.

A typical day for the Pink Ladies also includes welcoming visitors, doing the newspaper, magazine and flower rounds as well as providing ongoing first class service to their customers at the kiosk.

“I am extremely proud of our fundraising efforts for the year and hope that the community and hospital staff can truly benefit from the donation,” said Pauline Ellerby, Frankston Hospital Pink Ladies President.

“Pinkies are volunteers who dedicate their time on a regular basis to ensure that our café is up and running for our patients, their friends, families and staff.

“With such a wonderful team of committed volunteers, I’m certain next year can be just as successful,” said Pauline.

The Pink Ladies 2012 donation will go towards new equipment for Frankston Hospital.
Young children will continue to have their hearing tested in an effective and fun way thanks to a generous donor.

In a kind gesture Mr Phil Walker from Hollyhock Batteries Plus has generously donated six ‘Drumming Bunnies’ to the Peninsula Health Community Health Audiology Service.

The Drumming Bunnies are no longer made by Duracell but are a key component of the range of testing activities used by the Audiology Service.

The Audiology Service is part of the Peninsula Health Community Health Children’s Services Team and offers free hearing assessments for children. Each appointment involves a detailed hearing assessment and is available to children from seven months to 18 years old.

“We use the Drumming Bunnies to assess the hearing of children mainly under the age of three,” said Nick Mavroudis, the service’s Audiologist.

“Essentially the bunny ‘lives’ in a box that lights up and is used as a visual rewarding device to reinforce children’s responses to the sound stimuli we use when assessing their hearing in our sound treated facility.

“This proven technique is called Visual Reinforcement Audiometry and is recognised world-wide.

“The bunnies play an important role in our Audiology program in behaviourally assessing the hearing of young children and infants. As these bunnies are now so hard to come by, without Mr Walker’s generous donation we would have had to change our visual reinforcement device to a different puppet or toy. Given the great success of the drumming bunny with young children, our preference was to find another identical drumming bunny to replace the existing one that failed,” said Mr Mavroudis.

The Audiology Service is a free community service and is available at Frankston Integrated Health. Appointments can be made on 1300 665 781.

Thank you for your support.

Peninsula Health respects your privacy and observes the provisions of the Privacy Act 2001. Your details remain confidential. All donations over $2 are tax deductible. ABN 52 892 860 159

[Form for donations]
Rosebud Hospital has new equipment thanks to the tireless fundraising efforts of the Rosebud Hospital Kiosk Auxiliary.

The Auxiliary raised almost $45,000 by selling home baked goods and light refreshments to patients, visitors and staff.

Auxiliary Secretary and Treasurer Sue Phillips said the kiosk was extremely popular with all who frequent it.

“We are pleased to have been able to raise the amount of money we have over the past year and thanks must go to all our volunteers involved with the kiosk,” she said.

Alison Watts, Rosebud Hospital Operations Director, said what the Kiosk Auxiliary had managed to do in the past year was nothing short of astonishing.

“The Kiosk Auxiliary members are a hardworking, dedicated team of volunteers who continue to raise money to purchase much needed equipment for the hospital”

The Rosebud Hospital Kiosk Auxiliary is always looking for help. If you’re interested in volunteering call the Community Participation Team on 9788 1536.

Rosebud Kiosk Auxiliary donates much needed equipment

We are always grateful to those in the community who choose to support Peninsula Health. Since our last edition we have received the following donations over $1,000:

- **$6,000** from the Committee for Common Celebrations of Greek & Australia National Days directed to Rosebud Hospital.
- **$5,000** from the Rosebud Hospital Pink Lady Group for Rosebud Hospital.
- **$3,770** from the Peninsula Country Golf Club being the proceeds from the 2012 Combined Charity Golf Day.
- **$1,225** from the Pleasant Sunday Afternoon at Baxter Village for Frankston Hospital.
- **$1,000** from the Mornington Peninsula Friends (Quakers) for the Aboriginal Healing Garden at Frankston Hospital. The funds were used to commission the wooden seating for the Garden.
- **$2,500** to Frankston Hospital Paediatrics Unit.

Thank you

The Frankston Hospital Pinkies donated $400,000 from the Pinkies Kiosk’s annual proceeds.

The Boosted Falcon Club donated $12,044.40 from its 2012 Cruise for Charity event. Funds will go towards the Return to Driving services offered at Golf Links Road.

The Frankston Emergency Department Sausage Sizzle raised a further $3,183.

Haileybury College donated $2,500 to Frankston Hospital Paediatrics Unit.

Some of the friendly kiosk volunteers.

Contact us

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