Everyone needs a family doctor 💊 Iocal GP

Why is finding a Local GP/GP Clinic important?

- A General Practitioner or GP can help you with any health problem. No problem is too big or too small.
- A GP may be able to organise emergency medical care without the need for you to go to an Emergency Department.

Did you know GPs can?

- Liaise with hospital staff to help manage your care before and after being in hospital.
- Treat non-serious accidents, such as cuts that need stitching, plastering of some fractures.
- Talk about your personal concerns and stresses.
- Make referrals to other service providers and support agencies.
- Monitor general health.
- Provide immunisations.

Mordialloc

McDonald Street Medical Centre: 9580 6111 4-6 McDonald St. Mordialloc 3195

Mordialloc Medical Centre: 9587 6311 554 Main St, Mordialloc 3195

Aspendale

Aspendale Clinic: 9580 1200 147 Station St, Aspendale 3195

Edithvale Dr. McBeth's Surgery: 9773 1001 267 Station St, Edithvale 3196

Chelsea Heights Long Beach Medical Centre: 9772 9555 Cnr Wells & Edithvale Rd, Chelsea Heights 3196 Wells Road Medical Centre: 9771 7111

13/93 Wells Rd, Chelsea Heights 3196

Bonbeach & Chelsea Medical Centre: 9772 1111

Carrum Medical Centre: 9772 8211 363 Station St, Chelsea 3196 Dr Soo's Surgery: 9772 1487 464 Nepean Highway, Chelsea 3196

363 Station St, Chelsea 3196

Patterson Lakes

The Cove Family Medical Centre: 9776 2700 Shop 7 Harbour Plaza, Thompsons Rd, Patterson Lakes 3197

Marina Medical Centre: 9776 2111 Shop 33, Cnr Gladesville Blvd & Thompson Rd, Patterson Lakes 3197

Carrum The Carrum Clinic: 9772 9325 509 Station St, Carrum 3197

> **Carrum Downs** Carrum Downs Medical Centre: 9782 6666 115 Hall Rd. Carrum Downs 3201

Botany Park Medical Centre: 9786 8844 28 Lyrebird Dr, Carrum Downs 3201

Seaford

Seaford Medical Centre: 9782 5811 14 Station St. Seaford 3198

Belvedere Park Medical Centre: 9786 4866 266 Seaford Rd, Seaford 3198 Seaford Beach Family Clinic: 9773 6622 115 Nepean Hwy, Seaford 3198

Frankston

Dr E Bruce's Surgery: 9786 5133 8 Mahogany Ave, Frankston North 3200 **Total Care Medical Centre: 9789 1666** 194 Karingal Drv, Frankston 3199

Medical Centre: 9783 2445 82 Beach St, Frankston 3199

Beach Street Family Medicine: 9781 5177 61 Beach St, Frankston 3199 Cranbourne Road Medical Centre: 9783 9288

116 Cranbourne Rd, Frankston 3199 Frankston Central Medical Centre: 9781 4999 40-42 Playne St, Frankston 3199

Young Street Medical & Dental Centre Frankston: 9771 8111 89-97 Young St, Frankston 3199 Frankston Health Care: 9770 0023 4/42 Young St, Frankston 3199

Monash University Health Services: 9904 4615 Monash University - Peninsula Campus, Building A - McMahons Rd, Frankston 3199

Playne Street Medical Centre: 9783 1666 490 Nepean Hwy, Frankston 3199

9/143 Point Nepean Rd, Dromana 3936 South Coast Medical: 5981 4300

Dromana Family Doctors: 5981 4222

1/241-271 Point Nepean Rd, Dromana 3936

Finding a GP/GP Clinic

• Use this Poster to locate your nearest GP Clinic

Ask friends or family members who they recommend

• Check your government website www.betterhealth.vic.gov.au (click on Find a Health Service)

Use the Yellow Pages

How much will it cost me to see a GP?

Ask how much your appointment will cost and how much "out of pocket" expense you will have. Some practices 'bulk bill' or reduce fees for some patients such as pensioners and health care card holders. **Aspendale**

Chelsea 5

Carrum

Mornington

Red Hill

Flinders (3)

Mt Martha

14)

Dromana

Chelsea Heights

Seaford

10 Frankston

Mt Eliza

Patterson Lakes

Baxter

Balnarring 29

Carrum Downs

Langwarrin

Somerville

26 Tyabb

Crib Point

Cranbourne

Pearcedale

If you or your family need frequent medical appointments or have high medical costs you can register for the Medicare Safety Net. Once you reach the Medicare Safety Net threshold, visits to the Doctor or having tests may end up costing you less.

For further information and to register for the Medicare Safety Net contact Medicare:

Web: www.medicareaustralia.gov.au

• Call 132 011

Visit your local Medicare office

What if I need a GP after hours?

Call your GP and listen to their message. They usually have a number to ring after hours.

What if I come to hospital?

Tell the hospital your GP's name, address and phone number so the hospital can send information about your health to your GP.

If you do not have a GP but want to have ongoing GP care after your hospital visit, make sure the GP clinic you select is aware that you are a new patient. That way your selected GP will keep any important information sent to them by the hospital until your first appointment.

13 **McCrae** Sorrento Rosebud Blairgowrie Boneo

Parkside Medical Centre: 9781 1318 7 Thompson St, Frankston 3199

MediCentre (after hours only): 9783 8522 Frankston Hospital. Frankston 3199 Medical One: 9781 3966

47 Davey St, Frankston 3199 Kars Street Clinic: 9781 3788 21 Kars St, Frankston 3199

Peninsula Family General Practice (Travelwell): 9781 3300 1b Vera St, Frankston 3199

Family Doctor: 9781 4291 113 Frankston-Flinders Rd, Frankston 3199 Towerhill Medical Centre: 9781 4477

143 Frankston-Flinders Rd, Frankston 3199 **Humphries Road Medical Centre: 9787 4266** 265 Humphries Rd, Frankston 3199

Peninsula Headspace (Youth services): 9769 6419 Level 1/12 Keys St, Frankston 3199

Mt Eliza

118 Mt Eliza Way, Mt Eliza 3930

Ti Tree Family Doctors: 9787 8033

Village Clinic: 9787 4999

129 Mt Eliza Way Mt Eliza 3930 **Mornington**

Beach End Medical Clinic: 5975 1066 36 Main St, Mornington 3931 Mornington Village Medical Centre: 5976 3600

17/241 Main St, Mornington 3931 Mornington Medical Group: 5975 2633 258 Main St, Mornington 3931

Mornington Family Doctor: 5977 1077 960 Nepean Hwy, Mornington 3931 Nepean Hwy Family Clinic: 5975 6095

1050 Nepean Hwy, Mornington 3931 Family Health & Wellbeing Clinic: 5976 4444

118 Tanti Ave, Mornington 3931 Dr Chan's Surgery: 5975 6055 943 Nepean Hwy, Mornington 3931

Tanti Creek General Practice: 5975 0022 128 Tanti Ave, Mornington 3931 Bentons Square Medical Centre: 5976 3666 Shop 3 Bentons Sq, Mornington 3931

Mt Martha Village Clinic: 5974 3500 1/2 Langrigg Ave, Mt Martha 3934

Cranbourne Striling Medical Centre: 5995 7777 32 Stirling Ave, Cranbourne 3977

Blairgowrie

Sorrento

McCrae

Rosebud

McCrae Medical Centre: 5986 8688

Shop 3, 729 Pt Nepean Rd, McCrae 3938

Uxbridge Family Medical Centre: 5981 1000

Banksia Wood Medical Centre: 5986 8297

Southern Peninsula Family Medical: 5986 5888

Peninsula Holistic General Practice: 5986 4229

South Coast Medical-Rosebud West: 5986 2155

Peninsula Life Care Medical Centre: 5982 3144

South Coast Medical - Blairgowrie: 5988 8604

1533 Point Nepean Hwy, Rosebud West 3940

687 Pt Nepean Rd, McCrae 3938

17 Mitchell St, Rosebud 3939

926 Pt Nepean Rd, Rosebud 3939

1239 Nepean Hwy, Rosebud 3939

37 Boneo Rd, Rosebud 3939

154 Browns Rd, Boneo 3939

Rye Medical Centre: 5985 7776

2347 Point Nepean Rd, Rye 3941

Rosebud Medical Centre: 5981 1555

Lesdon Avenue Medical Centre: 5996 5566 7 Lesdon Ave, Cranbourne 3977

2841 Point Nepean Rd, Blairgowrie 3942

Sorrento Medical Centre: 5984 4322

166 Ocean Beach Rd, Sorrento 3943

Thompson Road Clinic: 5996 9000 Cnr Thompson Rd & Woodbine Rd, Cranbourne 3977 Casey Healthcare: 5995 8888

Cnr Portofino Dr & Narre Warren-Cranbourne Rd, Cranbourne North 3977 Casey Medical Centre: 5991 1222

197 High St, Cranbourne 3977 Park Avenue Medical Centre: 5995 0766 3/7 Kingdom Drv, Cranbourne 3977

Duff Street Medical Clinic: 5995 4988 95 Monahans Rd, Cranbourne 3977

Stawell Medical Centre: 5996 4799 12 Stawell Rd, Cranbourne 3977 Family Care Clinic: 5995 3700 24 Mundaring Drv, Cranbourne 3977 Cranbourne Family Medical

(Family One Medical): 5996 3188 140 – 154 Sladen St, Cranbourne 3977 Amstel Medical Centre: 5996 2800

Cnr Sladen and Grant St, Cranbourne 3977 Langwarrin

Langpark Medical Centre: 9789 5966 33 Cranbourne Rd, Langwarrin 3910 Langwarrin Medical Clinic: 9789 0066

20 Union Rd, Langwarrin 3910 **Pearcedale**

Pearcedale Medical Centre: 5978 5533 58 Baxter-Tooradin Rd, Pearcedale 3912

Somerville Baxter & Somerville Medical Centre: 5977 6666

Somerville Village Clinic: 5977 5231 25 Eramosa Rd, Somerville 3912

1176 Frankston-Flinders Rd, Somerville 3912

Eramosa Family Medical Centre: 5970 7777 61 Eramosa Rd West, Somerville 3912 Somerville Doctors: 5977 5915 MM2/49 Eramosa Rd West, Somerville 3912

Baxter Baxter Medical Dental and

Cosmetic Clinic: 5971 1110 57 Baxter-Tooradin Rd, Baxter 3912

Tyabb Westernport Medical Centre: 5977 4044

4 Mornington-Tyabb Rd, Tyabb 3913

Hastings Hastings Central Medical Centre: 5979 1801 5/53 Victoria St, Hastings 3915 Hastings Clinic: 5979 1605 44 Victoria St, Hastings 3915

Crib Point Crib Point Medical Centre: 5983 0022

337 Stony Point Rd, Crib Point 3919 **Balnarring**

Balnarring Village Medical Centre: 5983 1355 3054 Frankston-Flinders Rd, Balnarring 3926

Red Hill Red Hill Medical Centre: 5989 2077

129 Shoreham Rd, Red Hill South 3937

Flinders The Flinders Surgery: 5989 1088 Unit 4/48 Cook St, Flinders 3929

> *Some GPs/GP Clinics may not accept new patients. At time of printing GP/GP Clinic contact details were correct.

